

# SEPTEMBER 2023 NEWSLETTER



## From our CEO

Dear New Horizons Tasmania Family and Supporters,



As we bid farewell to August and eagerly welcome the blossoming spring, I want to share some highlights from the past month. Your unwavering support and enthusiasm continue to inspire all of us. Let's take a moment to reflect on the wonderful moments we've shared and the exciting path ahead.

I'm delighted to extend a warm welcome to three familiar faces Justin Nilon, Todd Adams and Callum Ring who have joined our New Horizons Team as Assistant Sport and Rec Coordinators in each region. Their experience is invaluable, and I'm excited about the dynamic energy they bring. It's not just a mere addition to our team; it's an infusion of passion, dedication, and an unyielding commitment to our mission. Together, we're primed to unlock even more opportunities for our incredible members.

Moving on to achievements, I want to congratulate those who have been selected for the AFL Inclusion Tasmanian Team. Your accomplishment speaks volumes about your talent and determination. For those who gave their all but didn't make it this year, remember that resilience is a hallmark of champions. Keep pushing forward, as your efforts will undoubtedly lead to success down the road.

Now, let's talk about the true dazzlers of the month—the 8 competitors who represented us at the Tasmanian DanceSport Championships. Stepping onto that stage took courage, and you did it with grace and style. The All-Abilities section wasn't just a performance; it was a celebration of diversity and the strength of the human spirit. Your presence and performances lit up the event, captivating the audience with your talent, spirit and of course all the glitz and glamour.

I hope to see you all at the Multi -Sport day in Kingston on September 9th!

In closing, remember, my friends, every challenge we face is an opportunity in disguise. As we move forward, let's remember that the path to success is rarely straight and smooth. It's the twists, turns, and uphill climbs that make the journey worthwhile. Keep reaching for the stars, keep supporting one another, and keep the flames of determination burning bright within your hearts.

With gratitude and anticipation,

Belinda

## September Birthdays



1st - Glenn Patterson  
2nd - Glenice Walker 80!  
4th - Kane Wojcicki  
5th - Taleisha Chugg  
13th - Luke Kolkert (40!)  
15th - Robin Green  
16th - Amy Lewis

18th - Chandni Grubb, George Kearnes & Brent Colgrave  
20th - Joel Berry  
21st - Aimee Olds  
25th - Jacob Neasey  
26th - Rebecca Riedl & Mona Davidson  
29th - Addison Young

## New Members

Welcome to our new members **Benjamin Fox**, **Connor Gallagher**, and **Connor Bradley** (all from the North-West area).

## Dinner Club NORTH

Wednesday 27th September, 6.00pm at the Iron Horse Bar & Grill, 468 Westbury Road Prospect (this is Richardson's Harley Davidson venue)

Book via the office please, ph. 6326 3344. We hope you can join us 😊

## School Engagement Workshops

Justin & Tom have recently been facilitating school engagement workshops at Prospect High School, running activities including basketball and futsal for students with a disability. If you would like New Horizons to come to your school and run some activities, please contact your regional Sport and Recreation Coordinator for more information.

## Get ready for the spookiest of nights!

It's going to get a little bit spooky and be a whole lot of fun at the Club Rooms in Mowbray for our HALLOWEEN PARTY on Tuesday 31st October."

It's time to dust the cobwebs off your dress-up box and put together an outfit to enter the BEST COSTUME AWARD (nothing too gory please!)



SAVE THE DATE!

Tuesday 31st October

HALLOWEEN PARTY

Join us for a spooky night of fun, games & all things pumpkins, ghosts and candy at the inaugural NHT Halloween party!

## Tas Open DanceSport Champs!



On Saturday, August 12th, 8 of our members competed in the first inclusive dance division in the Tasmanian Open Dance Sport Championships at the Silverdome. Each member, accompanied and led by their fabulous partners from Palmer's Dance Studio, dazzled the floor with their moves in the cha cha and samba!

Huge congratulations go to **Kane, Stewart, Finn, Hannah, Chloe, Sarah, Donna, & Brodie** for participating in the Championships you have made us all so proud. A big thank you to Andrew from Palmer's Dance Studio for creating this opportunity for our members and to the Silverdome for hosting the event.

# Inclusion carnival team announced!

The AFL Inclusion Squad had their second state training held at Prospect High School on Sunday, August 13th. This season has seen the most competitive selection to date and a tough job for coach Darrin Geard selecting the squad, with long time squad members missing out. We encourage all members apart of our AFL program to keep training in their regional programs. A big thank you to coach Darrin Geard, Barry Gaby and Jack Anders from AFL Tasmania and Prospect High School for hosting this state training.

## **Congratulations to those below for making the 2023 team:**

Craig Blaschke, Blake Bonnitche, James Colhoun, Joel Corbett, Jordan Blizzard, Hayden Hill, Jordan Irwin, Jarratt Lamont, Kobe Arrowsmith, Chris Meale, Bailey Menzies, Justin Nilon, Hayden Britten, Connor Bradley, Brayden Cowell, Todd Adams.

## **Emergencies:**

Riley Nolan, Miller Johnson, Alan Dengate, Bryce Rogers.

Well done to everyone! A reminder of the following dates to add to your diary:

- Saturday, September 9th:  
Squad training/Practice Match  
Kingston Beach, Hobart 1:30pm – 3:30pm.
- Sunday, September 24th:  
Full squad training  
Prospect High School, time TBC.

**The AFL Inclusion Carnival is held in Brisbane from October 8th – 13th.**

# Get Well Soon

Speedy recovery wishes to Pip & Mike Leedham and to Member Carolina Ascui. We hope you are all feeling better soon.

# Intellectual Disability & Autism (PWII) Tennis

Get on down to watch this weekend at the Intellectual Disability & Autism (PWII) Tennis carnival. If you'd like to volunteer, please reach out.

**Location:** Tennis World Launceston

**Date:** 2 - 3 September



# NORTH EAST Updates

The North-East group had an enjoyable trip to Launceston on August 21st to play tenpin, followed by a trip out for lunch. Pat took the chocolates on the day with an impressive score of 131!

The kids got through their games quickly so they could take advantage of the arcade games. It was a great day out in Launceston, and we can't wait for our next trip scheduled for September 25th.

Take care, Vicki

## Introducing our newest team members!

Hi, I'm **Callum Ring** and I am grateful to be given the opportunity to join an amazing organisation who has done so much for me in New Horizons Tasmania.

I have been a member since 2018 and during this time I became a volunteer helping Stu deliver programs in the South. As the new Assistant Sport and Recreation Coordinator in the South, I am excited to be taking on more responsibilities from my previous volunteer work and continuing working with Stu and the team down here in supporting our programs and engaging with some new people in schools.

I also work in a couple of other roles as a labourer with CoreStaff. I love martial arts in particular but have always enjoyed trying new sports and skills to get out of my comfort zone. My other hobbies include fishing with my Dad, archery and going to the movies.

I cannot wait to get stuck into my role and using my experience to inspire and encourage others to gain the benefits of being part of an active lifestyle and supportive environment with New Horizons.



Hi, my name is **Justin Nilon**, and I am very excited to be joining the New Horizons Tasmania team as the Assistant Coordinator in the North.

I currently also work as a disability support worker, at Wise Employment and Moving Forward Disability and look forward to bringing my knowledge over to this role.

I have been a member of this great club since 2014 and I know firsthand how important it is for people living with a disability around the state. I love all my sports, but cricket and football are my favourites. I am an avid Liverpool and Sydney Swans fan.

Away from work and the sporting field I enjoy fishing, snorkelling playing video games, and just having a good time with friends and family.

I look forward to working with you all to achieve the best for our amazing members and help them achieve their goals.

## NORTH News/Updates

### Hip Hop Dance Program:

Join us for Hip Hop Dance, Thursday's, 2:00pm -2:30pm at Dance Academy 34 (290 Wellington Street, South Launceston). Come and try this new style of dance at the low cost of \$7 per session, spots still available. This in the lead up to competing in the Launceston festival of Dance in September/October.

### Futsal Program:

There are spots still available in our futsal, indoor soccer program. Join us Tuesday afternoons 4:00pm – 5:00pm at the Uni Gym, Newnham. Join us for skill drills, games and most importantly plenty of fun, at the low cost of \$7 per session.

### Golf Program:

There are spots still available in our golf program. Join us Tuesday afternoons 2:00pm – 3:00pm at the new interactive WillFit Golf, Invermay. Join us for interactive games or take on a course from around the world and learn new skills from specialised coaches. Plenty of fun, at the cost of \$20 per session.

### Conversations- Expressions of interest:

We are currently seeking expressions of interest for Conversations! Hosted by the lovely Maryann & Angie at the relaxed Grain of the Silos Café, Monday afternoons for conversations. Feel free to buy a drink when at the session to enjoy while having your conversations. This program will restart once we get more EOI.

Aims of the program are to introduce specific topics to the group, maintain & extend topics of discussion and to of course enjoy each other's company while learning new conversational skills.

**FOR ALL OF THE ABOVE ENQUIRIES/EOI/REGISTRATIONS, PLEASE CONTACT TOMAS MCINTEE AT [TOM@NEWHORIZONSTAS.ORG.AU](mailto:TOM@NEWHORIZONSTAS.ORG.AU) OR CALL THE OFFICE ON 6326 3344.**

## SOUTH News/Updates

**Dinner Club:** Wednesday 6th September 5:15pm at Tasmanian Inn, 172 Campbell St.

It's been tennis month in the South for our Multi-Sport crew who have all enjoyed the sessions at the Domain Tennis Centre with Simon and Jordan from Tennis Tasmania. We were blessed with some amazing weather as well – what a treat for this time of year! Callum, Cam and Stu also ventured to New Norfolk to facilitate a couple of school engagement workshops at New Norfolk High School and New Norfolk Primary School and ran activities including football, basketball and cricket for 60 plus students. If you would like New Horizons to come to your school and run some activities, please contact your regional Sport and Recreation Coordinator for more information.



**South Multisport Weekend**

**Saturday 9 September**

Kingborough Sports Centre  
10 Kingston View Dr, Kingston  
10:00am - 1:00pm

The AFL Inclusion training/practice match will follow, open to any members but aimed at getting the state team together for a practice run before the championships.  
Venue: Kingston Beach Oval, Recreation Street, Kingston Beach  
Time: 1:30pm - 4:00pm

**RSVP to Stu - [stuart@newhorizonstas.org.au](mailto:stuart@newhorizonstas.org.au)**

## NORTH Season 3 Calendar

Activity	Day	Time	Location	Cost
Gym/Fitness	Mon	11:15am -12:15pm	MyGym, Launceston	\$7
Boccia	Mon	12:15pm – 2:15pm	Max Fry Hall, Trevallyn	\$7
Contact Tom – <a href="mailto:tom@newhorizonstas.org.au">tom@newhorizonstas.org.au</a> about all North Programs!				
Rebound Therapy	Mon	5:15pm – 6:15pm	PCYC	\$14
Craft	Tues	10:00am – 11:30am	New Horizons	\$7
Model Making	Tues	10:15am – 11:30am	New Horizons	\$7
Song & Dance	Tues	2:00pm – 3:00pm	M.Wimmer's Dance Studio, Youngtown	\$7
Golf	Tues	2:00pm – 3:00pm	WillFit Golf, 81 Gleadow St, Invermay	\$20
Junior Song & Dance/Choir	Tues	3:30pm – 4:30pm	St Michaels	\$7
Futsal	Tues	4:00pm – 5:00pm	Uni Gym	\$7
Taekwondo	Tues	6:00pm – 6:45pm	Newstead College	\$7
Swimming Lanes	Wed	5:30pm – 6:30pm	Launceston Aquatic Centre	\$7
AFL	Wed	6:00pm – 7:00pm	Windsor Park	\$7
Painting	Thurs	10:00am – 11:30am	New Horizons	\$7
Hip Hop Dance	Thurs	2:00pm – 2:30pm	Dance Academy 34	\$7
Tenpin	Fri	1:30pm – 2:30pm	Launceston Lanes	\$10

# NORTH WEST Season 3 Calendar

Activity	Day	Time	Location	Cost
Basketball	Monday	2:15 – 3:00pm	Devonport Recreation Youth Centre, Forbes St, Devonport  Last session for Term 3 Monday 25 <sup>th</sup> September Resumes Monday 16 <sup>th</sup> October	\$5
Judo	Monday  Monday/Thursday	5:00 – 5:45 (Beginners/Juniors) 5:45 – 6:30 (Juniors) 6:30 – 7:30 (Seniors)	Devonport Judo Club Charles St, Devonport  Ongoing during school holidays	\$8
Gym Fitness	Tuesday (Commencing 25 <sup>th</sup> July)	2:15 – 3:00pm	Athlete 42 2 Flora St, West Ulverstone  Last session for Term 3 Tuesday 26 <sup>th</sup> September Resumes Tuesday 17 <sup>th</sup> October	\$8
Creativity for Change	Wednesday August 16 <sup>th</sup> : Performing Arts August 23 <sup>rd</sup> : Music September 6 <sup>th</sup> : Music September 13 <sup>th</sup> : Performing Arts	4:00 – 5:30pm	Penguin Community Learning Centre 105 Ironcliff Rd, Penguin (Old Primary School Campus, enter off top carpark)	\$15

## SOCIAL EVENTS

*Dinner Club ~ Burnie*

*Wednesday 20<sup>th</sup> September*

*Details TBC*

*Dinner Club ~ Devonport*

*Wednesday 27<sup>th</sup> September*

*Details TBC*

## Looking ahead to Term 4

- We welcome back Jack Anders from AFL Tasmania, Dial Park Football Grounds (B). Details to follow.
- Christmas Barbecue Wednesday December 6th, 5 – 7pm. Details to follow.

# NORTH WEST News/Updates

We're thrilled to share with you the incredible success of our Term 3 Creative Arts program, featuring Guided Painting, Singing, and Performing Arts. The past few months have been a journey of creativity, self-expression, and immense growth. Participants of all ages engaged in guided painting sessions that allowed them to express their inner visions on canvas. The Singing classes echoed with beautiful harmonies as voices soared to new heights, and our Performing Arts sessions showcased our natural skills that left audiences in laughter and in awe of our developing confidence and courage to step up.

We've seen participants discover hidden talents, boost their confidence, and foster a strong sense of community and we're immensely proud of everyone's dedication and artistic achievements.

We're delighted to introduce **Todd Adams** as the newest addition to our team. Please see his welcome message to you below:

*Hi my name is Todd Adams I am the new assistant sport and recreation coordinator on the North West. I have been a member of NHNW since February and have thoroughly enjoyed making new friends and socialising in the programs so far. I really enjoy basketball and I play for Tasmania in the Ivor Burge state team. I am really looking forward to working with you all.*



As part of our commitment to providing a holistic wellness experience, I am excited to share with you the success of our Gym Fitness program. Whether you're a fitness enthusiast or looking to kickstart your health journey, our program offers a range of classes tailored to different fitness levels. Through high-energy cardio and strength sessions, our goal is to empower you to achieve your fitness goals while having a great time with friends.

## Gymnastics

Thankyou Spreyton Primary School and the Devonport Gymnastics Club for an engaging 5 week program. Nine Prep students enjoyed jumping, hanging, rolling, slipping and sliding in a program designed to build confidence, strengthen gross motor skills and develop muscle tone.

