

JULY 2023 NEWSLETTER



From our CEO

Hi everyone - happy halfway of 2023!

It's hard to believe it's already July, season 3 is about to commence and we've already achieved so much this financial year. We had a whip-cracker of a night at the Yellowstone Gala earlier in June and raised \$35k - such a huge effort! A big thank you to everyone who made the night possible and supported the event.

Speaking of raising funds for the club, it's that time of year again - tax time! If you're in a position to consider diverting some funds away from the ATO, we'd be honoured to receive any kind of donations - monetary, skills, volunteer time, and even friendship are all ways you can support the club. The clubhouse needs some love - painting, gardening, small maintenance jobs as well as large maintenance like a shed clean out. If any of these jobs are in your wheelhouse and you have time to spare, please reach out! Any help is so greatly appreciated.

I'd like to extend a warm welcome to our newest staff member based at our North office, Kim Butterworth. Kim has taken on the role of Executive Officer. I hope that you will all make Kim feel welcome as she embarks on this new and exciting journey within the organisation.

To kick of the month in an extra special way, we hosted our 28 statewide Champions for their graduation on Saturday, joined by special guests, staff, volunteers, family and friends. Stories were shared and tears were shed as members reflected on this wonderfully eye-opening and confidence building 10 week program. Thank you to our Champion leaders who have given so generously to our members. I have already witnessed such growth and I look forward to seeing their leadership journeys continue. Looking forward to seeing everyone participate at the North-West multi-sport day on 15th July at Penguin. It's set to be a fabulous day!

That's it from me for now - have a safe and wonderful month!

Belinda



July Birthdays



8th - Angus McKenna & Kate O'May	24th - Connor Sheppard
14th - Reg Terry	26th - Nick Heames
17th - Chloe Hansson	27th - Bree Williams
20th - Alice Oldham	30th - Clare Martin
	31st - Minna Blaney

Condolences & Get Well Soon

Condolences

We are very sad to hear of the passing of our long-time member June Cox. Our deepest condolences to Linda, Berkely and family. Condolences to Kathy Kilby's family on her recent passing and to Debbie Pretymán's family on her recent passing. Sending love to Ailsa Smith and her family on the loss of her mother Gwen. Condolences to Vanessa Wyllie and family on the loss of their beautiful mum.

Get Well Soon

We send our well wishes to Clayton Johnson on a speedy recovery, and to Glen O'Brien who is currently in hospital. We are all thinking of you and hope to see you back soon.

NORTH Updates

Hip Hop Dance Program

Our new program Hip Hop Dance has begun, Thursday's, 2:00pm -2:45pm at Dance Academy 34 (290 Wellington Street, South Launceston). Come and try this new style of dance at the low cost of \$7 per session, spots still available. **Please contact Tomas McIntee tom@newhorizonstas.org.au or call the office on 6326 3344 to register.**

Futsal Program

There are spots still available in our futsal, indoor soccer program. Join us Tuesday afternoons 4:00pm – 5:00pm at the Uni Gym, Newnham. Join us for skill drills, games and most importantly plenty of fun, at the low cost of \$7 per session. **Please contact Tomas McIntee tom@newhorizonstas.org.au or call the office on 6326 3344 to register.**

Golf Program

There are spots still available in our golf program. Join us Tuesday afternoons 2:00pm – 3:00pm at the new interactive WillFit Golf, Invermay. Join us for interactive games or take on a course from around the world and learn new skills from specialised coaches. Plenty of fun, at the cost of \$20 per session. **Please contact Tomas McIntee tom@newhorizonstas.org.au or call the office on 6326 3344 to register.**



Champions Program 2023 - Congrats graduates!

Well done to our Champions Graduates in the north for completing your 8-week Champions Program. This is only the start of your journey, and I can't wait to see the rest. Well done to all for stepping into your courage zone. The Champions graduated along with fellow state-wide graduates over the weekend on Saturday, July 1st at UTAS Stadium. A big thank you to Dean & Fiona from Town Team Movement for making this opportunity possible.

Conversations - Expressions of interest

We are currently seeking expressions of interest for Conversations! Hosted by the lovely Maryann & Angie at the relaxed Grain of the Silos Café, Monday afternoons for conversations. Feel free to buy a drink when at the session to enjoy while having your conversations. This program will restart once we get more EOI. Aims of the program are to introduce specific topics to the group, maintain & extend topics of discussion and to of course enjoy each other's company while learning new conversational skills. **Please contact Tomas McIntee tom@newhorizonstas.org.au with your EOI or any questions you may have.**

Smarty Arts - Expressions of interest

We are currently seeking expressions of interest for Smarty Arts! Facilitated by local Art Therapist Sarah Poulton held at New Horizons. Designed to build emotional intelligence, this program will restart once we get more EOI. **Please contact Tomas McIntee tom@newhorizonstas.org.au with your EOI or any questions you may have.**

Congratulations Kerry!

We are thrilled that our long-time supporter and friend to New Horizons **Kerry Finch** has been awarded an **Order of Australia Medal** for his outstanding contributions to our community. Well done and thank you Kerry for all you have done and your ongoing support.



Congratulations also goes to:

- **Jo Wallace & Lyn Tanner** on completing the 5km course at the Launceston Running Festival recently. They have been competing for the past 15 years. Great effort ladies!
- The **Junior Song & Dance / Choir group** on their First place in the recent Launceston Competitions.
- Taekwondo Championships - Congratulations to our NHT Athletes who competed in the recent Taekwondo Championships in Launceston. Results are –

Swords

1st Duncan Rattray
2nd Sarah Peck
3rd Dean Foreman

Sparring

1st Sarah Peck
2nd Dean Foreman
3rd Duncan Rattray

Self Defence

1st Dean Foreman
2nd Duncan Rattray
3rd Sarah Peck

New Members

We warmly welcome Bryce Rogers (South) as the newest member of the club. Welcome Bryce!

Dinner Club NORTH

**Wednesday 26th July at Olives Restaurant, Newstead Hotel
160 Elphin Road @ 6.00pm.**

Please book your seat at the table by calling the office on 6326 3344. Olives has a wide menu for all tastes and portion sizes. Come and join us on a wintry evening. Easy parking and access through the rear of the building.

NORTH Season 2 Calendar

Activity	Day	Time	Location	Cost	Final session for season 2
Gym/Fitness	Mon	11:15am -12:15pm	MyGym, Launceston	\$7	Continues through
Boccia	Mon	12:15pm – 2:15pm	Max Fry Hall, Trevallyn	\$7	July 3 rd
Contact Tom – tom@newhorizonstas.org.au about all North Programs!					
Rebound Therapy	Mon	5:15pm – 6:15pm	PCYC	\$14	July 3 rd
Tennis <small>(4 week program)</small>	Mon 19 th June 26 th June 3 rd July 10 th July	4.00 – 5.00pm	Tennis World Launceston	FREE	July 10 th
Craft	Tues	10:00am – 11:30am	New Horizons	\$7	July 4 th
Model Making	Tues	10:15am – 11:30am	New Horizons	\$7	July 4 th
Song & Dance	Tues	2:00pm – 3:00pm	M.Wimmer's Dance Studio, Youngtown	\$7	July 4 th
Golf	Tues	2:00pm – 3:00pm	WillFit Golf, 81 Gleadow St, Invermay	\$20	July 4 th
Junior Song & Dance/Choir	Tues	3:30pm – 4:30pm	St Michaels	\$7	July 4 th
Futsal	Tues	4:00pm – 5:00pm	Uni Gym	\$7	July 4 th
Taekwondo	Tues	6:00pm – 6:45pm	Newstead College	\$7	July 4 th
Swimming Lanes Program Pool	Wed	5:30pm – 6:30pm 6:30pm – 7:30pm	Launceston Aquatic Centre	\$7	Lanes will recommence on July 26th and the Program Pool recommencement date is TBA
AFL	Wed	6:00pm – 7:00pm	Windsor Park	\$7	Continues through
Painting	Thurs	10:00am – 11:30am	New Horizons	\$7	July 6 th
Smarty Arts	TBC	TBC	New Horizons	TBC	TBC
Hip Hop Dance	Thurs	2:00pm – 2:45pm	Dance Academy 34	\$7	July 6 th
Tenpin	Fri	1:30pm – 2:30pm	Launceston Lanes	\$10	July 7 th

SOUTH Season 2 Updates/Calendar

Winter has well and truly set in now but there's plenty of activity to look forward to! Our Southern Champions program concluded recently and it was a joy to watch each member grow their confidence and leadership across the course of the sessions. Thanks so much to Mike for facilitating such a fun and engaging program.

It is great to be able to welcome some new volunteers in the South! Marcella (member Josh's Aunt) is assisting with our bowls program and stalwart Southern member Mitch Mansell is assisting with our AFL sessions and multi-sport day program.

Stay tuned in the next month or so as we work towards our turn in hosting the South Multi-Sport weekend on Saturday 9th September. In the meantime, we are looking forward to the NW event in July for which some Southerners will rise early and be making the journey!

Any enquiries regarding our Southern programs and initiatives and volunteering opportunities, reach out to Stu - stuart@newhorizonstas.org.au

Activity	Day	Time	Location	Cost	Important Dates
Basketball	Monday	4:30pm-5:30pm	83 Federal St, North Hobart	\$7	Last session 3 rd July, back on 24 th July
AFL Training	Tuesdays	4:00pm-5:00pm	Cornelian Bay	\$7	Last session 4 th July, back on 25 th July
Lawn Bowls	Wednesday	10:00am-11:00am	North Hobart Community Bowls Club, Letitia St, North Hobart	\$2	Last session 5 th July, back 26 th July
Multi-Sport	Wednesday	4:00pm-5:00pm	83 Federal St, North Hobart	\$7	Last session 5 th July, back 26 th July
	Thursdays	10:00am-11:00am			Last session 6 th July, back 27 th July
Ten-Pin Bowling	Thursdays	4:00pm	Zone Bowling Moonah	Appro x \$6 per game	Returning in August (TBA)

Dinner Club – Wednesday 5th July – 5:15pm @ Carlyle Hotel

North-West Updates

Our basketball program has witnessed remarkable growth in various aspects, including ball handling skills, fitness levels, and shooting proficiency. We are proud to extend our heartfelt congratulations to our Champion graduates, who joyously gathered on July 1st in Launceston, accompanied by their loved ones and friends of our Club.

I would also like to express my sincere appreciation to Garth and Todd for their outstanding leadership in guiding our Penguin basketball group every Wednesday. Congratulations to Miller, Tyrese and Jarrod who are stepping outside their comfort zone and participating in a Tennis Tasmania program.

We are excited to welcome Jason Ling from Athlete 42 to our club. Jason will be offering a gym fitness program of a Tuesday. Look out for details to follow.

On Saturday July 15th we are hosting a Multisport Day in Devonport from 10:45 – 3pm. We will be enjoying a day of Judo, AFL, Basketball and will be joined by PhysioTas who will be conducting a workshop on the importance of Movement for Health. Please see your email for further information and contact our main office to submit your rsvp. We look forward to having many members statewide join us for the day.

Katie

Activity	Day	Time	Location	Cost	Commencing
Basketball	Monday	2:15 – 3:00pm	Youth Centre, Devonport	\$5	Monday 24 th July
Judo	Monday Monday/Thursday	5:00 – 5:45 (Beginners/Juniors) 5:45 – 6:30 (Juniors) 6:30 – 7:30 (Seniors)	Charles St, Devonport	\$8	Continuing
Gym Fitness	Tuesday	TBC	Athlete 42 Flora St, Ulverstone	\$8	Tuesday July 25 th
Basketball	Wednesday	4:00 – 5:00pm	Penguin Community Learning Centre	FREE	Wednesday 2 nd August

SOCIAL EVENTS

NW Multisport Day

Saturday July 15th

10:45 – 3pm

Youth Centre, Devonport

NW Dinner Club

Wednesday July 26th

Details to follow

North-West Multisports Day



new horizons
TASMANIA

NW Multisport Weekend

**SATURDAY
JULY
15TH**



10:45am ~ Meet at Devonport Youth Centre

11:00am ~ Judo

11:45am ~ Break

12:00pm ~ AFL

12:45pm ~ Lunch (provided)

1:15pm ~ Physio Tas Movement for Health Workshop

2:00pm ~ Basketball

2:45/3:00pm ~ Finish

RSVP: by 12th July

info@newhorizonstas.org.au
6326 33 44

Please state if you need transport and any dietary requirements

