

FROM OUR CEO

Hello all - and a belated Happy New Year!

I hope you've had a really great break and are excited about your programs kicking off in a few days :)

Our cricketers have continued to train across the holidays, and now we wish them all the best as they head to Brisbane to compete in the **National Cricket Inclusion Championships**. After a two-year covid break for the carnival, we couldn't be more excited!

At headquarters, we're busy planning the year, and our first big event is **Awards Night**, happening in a few weeks. We're so looking forward to hosting members from across the state and celebrating all of your achievements from the last 12 months.

Soon after Awards, we'll be charging down the lanes at the Scottsdale pool for the **Carol Tanner Memorial Swimming Carnival** - and in the meantime, we're also in **2023 Cycle Challenge** planning mode. If you know of any businesses who might be keen to come on board as a sponsor for any of these fabulous events, please let us know :)

In other news, I'm so thrilled to announce that the **Champion leadership program** will be back statewide this year- if you missed out last year, this is a wonderful opportunity.

This month we farewell our operations co-ordinator, **Lesley Ikin**, who is taking a career break to set up her own business. Big thanks to Lesley for her contribution over the last 14 months - we wish her well and look forward to staying connected.

See you very soon!

Belinda.



You're invited to the

2023 NHT Awards

Friday 24th February, 6pm
Tailrace, Launceston.

Tickets \$45 each

Includes carvery buffet
(drinks to be purchased at bar)

RSVP & payment please by Thursday 16th February, 2023
info@newhorizonstas.org.au or tel. 03 6326 3344

Event proudly supported by the John Lewis Foundation

JAN & FEB BIRTHDAYS

January

- 2nd Glenn O'Brien
- 3rd Oliver Lecuyer
- 6th Blake Bonnitcha
- 8th Jacquie Spencer
- 9th Annette Devine, Nick Carter
- 10th Elly Thompson (30), Sarah You
- 13th Kaye Drinkwater
- 14th Katrina Bartninkaitis
- 15th Justin Nilon & Jo Wallace
- 17th Maggie Squires
- 18th Logan Di Paolo & Denise Young
- 22nd Claire Colgrave
- 23rd Chris Meale
- 26th Jenny Dell
- 29th Darcy Nixon

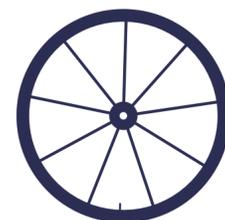


February

- 1st Katyayni Kashyap
- 2nd Ashley Seddon & Scott Schilg
- 4th Vicki Forsyth, Pari Haribakth & Hayden Hill
- 5th Harry Colgrave & Matt Bowen
- 6th Craig Blaschke
- 9th Callum Ring
- 13th Teal'c Burnett
- 14th Michael Kroczewski
- 16th Ashlee Stanwix & Tyler Starkey
- 17th Emily Young
- 19th Logan Richardson & Simon Peck
- 21st Bronte Smith
- 23rd Fred Fullerton
- 25th Phil de Jong
- 26th Brody Hooker, Frankie Burnett & Finn Hilder
- 27th Indiana King & Riley Nolan

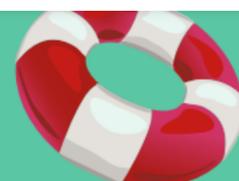
DIARY DATES

- 24th February** - Awards Night, Tailrace
- 5th March** - Carol Tanner Swim Carnival, Scottsdale
- 2nd April** - Cycle Challenge, Prospect Vale Park
- 3rd June** - NHT Gala, Tailrace (more details TBA)



CONDOLENCES

Our condolences to **David Smith** on the recent passing of his brother, Andrew, and to **Kim, Gary and Jarratt Lamont** on the loss of their loved Father and Grandfather. We are thinking of you all.



The 2023 Carol Tanner Memorial Swimming Carnival Sunday 5th March

Scottsdale Pool

\$10 per entrant

Hosted by NHT
North-East
Group!

Entry forms
coming via email &
facebook

Supported by the Dorset Council
& Scottsdale Swim Club

The NHT Bus available for those
without transport.

NORTH PROGRAM - FEBRUARY

Activity	Day	Time	Location	Cost	First session for 2023
Gym/Fitness	Monday	11:15am – 12:15pm	MyGym, Launceston	\$7	January 16 th
Boccia	Monday	12:15pm – 2:15pm	Max Fry Hall, Trevallyn	\$7	February 13 th
Contact Tom – tom@newhorizonstas.org.au about all Northern Programs!					
Cricket	Monday	4:00pm – 5:30pm	Invermay Park, outdoor nets	\$7	January 16 th
Rebound Therapy	Monday	5:15pm – 6:15pm	PCYC	\$14	February 13 th
Craft	Tuesday	10:00am – 11:30am	New Horizons	\$7	February 14 th
Model Making	Tuesday	10:15am – 11:30am	New Horizons	\$7	February 14 th
Song & Dance	Tuesday	2:00pm – 3:00pm	M.Wimmer's Dance Studio, Youngtown	\$7	February 14 th
Golf	Tuesday	2:00pm – 3:00pm	WillFit Golf, 81 Gleadow St, Invermay	TBC	TBC
Junior Song & Dance/Choir	Tuesday	3:30pm – 4:30pm	St Michaels	\$7	February 14 th
Futsal	Tuesday	4:00pm – 5:00pm	Uni Gym	\$7	February 14 th
Taekwondo	Tuesday	6:00pm – 6:45pm	Newstead College	\$7	February 14 th
Croquet	Wednesday	11:00am – 12:00pm	St. Leonards Croquet Club	\$7	February 15 th

NORTH PROGRAM Continued

Tennis	Wednesday	4:00pm – 5:00pm	AIC Tennis Club	\$7	February 15 th
Swimming Lanes Program Pool	Wednesday	5:30pm – 6:30pm 6:30pm – 7:30pm	Launceston Aquatic Centre	\$7	February 15 th
Painting	Thursday	10:00am – 11:30am	New Horizons	\$7	February 16 th
Smarty Arts	Thursday	12:30pm – 1:30pm	New Horizons	NDIS aligned	TBC Term 2 or 3
Softball	Thursday	6:00pm – 7:00pm	Churchill Park Sports Complex	Free	TBC
Tenpin	Friday	2:00pm – 3:00pm	Launceston Lanes	\$10	February 17 th

NORTH NEWS

DINNER CLUB - March

As we are having our annual Awards Night on Friday 24th February, our Dinner Club will be postponed till March. I look forward to hearing from you about where you would like to eat out in March :) Cheers, **Saskia**.

CHAMPION: Launceston

Did you miss out on taking part in the Champion Leadership program in 2022? It'll be back in Launceston for 8 weeks from **Monday 17th April**. Contact the office to register!

Cycle Challenge Support

This year, our 'Cycle Challenge' fundraiser is being held on **Sunday 2nd of April**, and we're getting in early to ask for vital support :)

We're seeking volunteers on the day for a variety of roles including officials, registration personnel, catering assistants, drivers and more. Please save the date and let us know if you'd be keen to be involved :)

Email Megan megan@newhorizonstas.org.au for more information or to express your interest.



BECKS MITRE 10 CYCLE CHALLENGE 2023

SAVE THE DATE

Sunday 2nd April

2023

Departing from Prospect Vale Park, join the Western Tiers Cycle Challenge!

new horizons TASMANIA

NORTH WEST PROGRAM- FEBRUARY

Activity	Day	Time	Location	Cost
Basketball	TBC	TBC	Youth Centre, Devonport	\$5
Judo	Monday	5:00 – 5:45 (Beginners/Juniors) 5:45 – 6:30 (Juniors) 6:30 – 7:30 (Seniors)	Charles St, Devonport	\$8
AFL	Wednesday	3:30 – 4:30	Dial Range Complex, <u>Penguin</u> (Ground B)	FREE

NW SOCIAL DIARY

NHT Awards Evening,
Friday 24th February
6pm
Tailrace, Launceston



NW Dinner Club
Wednesday 5th April
5 – 7pm
Venue to be confirmed

NORTH WEST NEWS

Hello, welcome to NHT North West for 2023!

During 2022 we experienced significant growth in our member numbers along with welcoming some new volunteers to our organisation. We enjoyed a variety of activities throughout the year and stepped outside of our comfort zone when trying new things. Please ensure that you continue to share about our organisation with your family and friends and encourage anyone who would like to come and try a session, to come along. As always everyone is welcome!

AFL:

Term 1, 2023, sees us welcome **Barry and AFL Tas** back to our sessions. Barry will begin sessions on **Wednesday 15th February 3:30 – 4:30pm**. Please meet at the Dial Range Sports Complex, Ground B (to the left of the playground).

This program is designed to develop football skills in a fun and inviting environment.

You will need to wear comfortable clothing and bring:

- Drink and a hat
- Footy boots (optional)

Basketball:

Please bear with us while we source a coach :) We're hoping to have news soon.



Contact Katie (katie@newhorizonstas.org.au) for info on NorthWest programs!

NORTH WEST NEWS continued

After such a successful 2022, we welcome **Champion** (our specially tailored leadership program) to our schedule.



Sessions will begin on **Wednesday 26th April** (venue to be determined) and will run for 8 weeks. Champion is open to all NHT members (past participants too) along with carers, family members and friends.

The program has been designed to build personal confidence, develop leadership and coaching skills, unlock skills, energy and passion, make deeper connections and friendships and create wider networks of mentors, connections and supporters.

If you'd like to hear from some of the program participants from last year, check out our video on Youtube at <https://www.youtube.com/watch?v=aqK4kO2ClhE>

Please reach out to **Katie Mitchell on 0408 146 973** for more information on Champion, and to register your interest.

SOUTHERN PROGRAM- FEBRUARY

Activity	Day	Time	Location	Cost	Commencement Date
Basketball	Monday	4:30pm-5:30pm	83 Federal St, North Hobart	\$7	21 st February
Table Tennis	Tuesday	4:00pm	Clarence Sports Centre, Montagu Bay	\$5	TBA
Lawn Bowls	Wednesday	10:00am-11:00am	North Hobart Community Bowls Club, Letitia St, North Hobart	\$2	15 th February
Multi-Sport	Wednesday	4:00pm-5:15pm	83 Federal St, North Hobart	\$7	15 th February
	Thursdays	10:00am-11:00am			16 th February
Junior Multi-Sport	Thursdays	4:00pm-5:00pm	83 Federal St, North Hobart	\$7	23 rd February
COMING SOON			Social Dates		
• Girls Only Program			Dinner Club – Wednesday 1st March TBD		

CHAMPION: Hobart. Did you miss out on taking part in the Champion Leadership program? It'll be back in Hobart for 8 weeks from **Wednesday 19th April**. Contact Stu to register

Contact Stu (stuart@newhorizonstas.org.au) for info on Southern programs!