

May 2022 NEWSLETTER

FROM OUR CEO

Hi team,

Please forgive us for running a few days late with the newsletter this month!

We were keen to be able to report back to you all after our **Gala Sport Weekend and 2021 Awards Night**, so I hope you enjoy hearing (or reminiscing) about those wonderful events.

Awards Night is an annual highlight for so many of us, and this year didn't disappoint. It was such a joy to meet new members and their families from the South and the North-West, to catch up with old-friends and life-members, and of course witness our incredible members and volunteers receive much-deserved honours.

So many legends, but may I please make special mention of Volunteer of the Year, **Maggie McKenzie**, Robyn Award winner **Minna Blaney** and Ray Bailey Award winner **Nic Milner**.

2021 left us with a lot to celebrate, including new programs and team members thanks to our NDIS ILC project funding. We are well and truly finding our rhythm now, and are so excited for not only the new opportunities that are emerging for New Horizons members, but also the increasing impact New Horizons will have on driving inclusion in our state.

Ensuring that our growth is considered and sustainable is our **new-look Board, led by Chair, Pip Leedham**. I warmly welcome Pip who is highly experienced in health, sport and governance, and look forward to introducing you to all our Board members very soon.

Now, before I sign-off, I'd like to draw your attention to some information a few pages in. We will be **tralling a Northern Art program for NDIS participants** - we'd love for you to have a think if this could be for you.

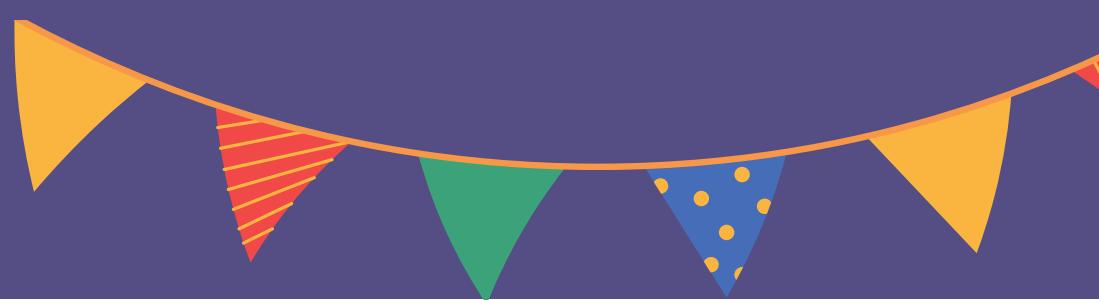
I'd also like to wish our **Boccia players** best of luck for the State Titles this month!

Enjoy May - get your woolley socks out and we'll see you soon!

Belinda



MAY BIRTHDAYS!



- | | |
|---------------------------------------|---|
| 1st Sidonie Vittori | 13th Paige Broere |
| 3rd Bruce Hardacre | 15th Cutis Poke & Claire Taylor |
| 5th Ro Blaney | 18th Steve Ockerby |
| 8th Riley Young | 21st Lars de Kantzow |
| 9th Sophie Binns | 22nd David Smith (big 60!) |
| 10th Elliott Batninkaitis & James Roy | 27th Sarah Peck |
| 11th Matthew O'Keefe | 28th Alvaro Ascui & Rita Fisher & Michael Stott |
| | 29th Belinda Kitto |

A huge HAPPY BIRTHDAY to Josh Johnson who turned 21 on the 7th April and to Maureen Roberts on the 6th April. Apologies for missing you from the list!

CONDOLENCES



Our condolences to Alan Dengate and family on the passing of his Mother recently. We also acknowledge the recent passing of Bill Brain, a supporter and Life Member of Special Olympics Tasmania. Our thoughts are with his wife Jane and family. We send our condolences to Scott and Monique Crowden on the passing of Scott's Mother Mary Rose recently.

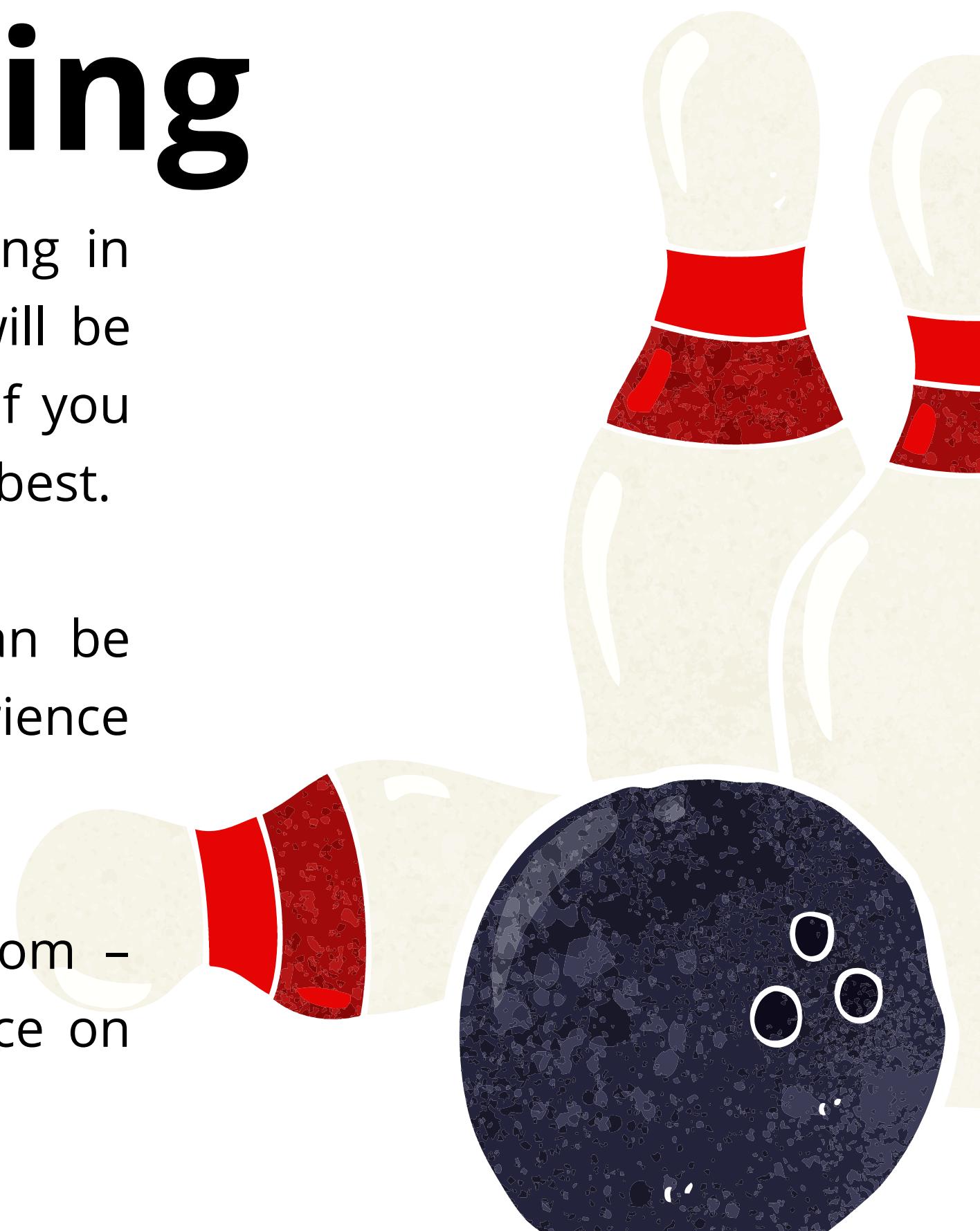
EXPRESSIONS OF INTEREST

Ten-Pin Bowling

We are excited to introduce Ten-Pin bowling in Launceston in either Term 3 or 4. There will be limited spots, so please let us know ASAP if you are interested and which day/time suits you best.

Ten-Pin is such an inclusive sport and can be played all year around. All levels of experience welcome from beginner to master!

To express your interest please contact Tom - tom@newhorizonstas.org.au or via the office on 03 6326 3344.



NORTH DATES

	Activity	Venue	Time	Recommences on
Monday	Gym/Fitness	MyGym	11:15am – 12:15pm	2 May
	Boccia	Max Fry Hall	12:15pm – 2:15pm	2 May
	Rebound Therapy	PCYC	5:15pm – 6:15pm	2 May
Tuesday	Craft	NHT	10:00am – 11:30am	3 May
	Model Making	NHT	10:15am – 11:30am	3 May
	Walking Group	NHT	10:45am – 11:45am	TBC
	Golf	L'Ton Golf Club	2:00pm – 4:00pm	3 May
	Song & Dance	Melissa Wimmer Dance Studio	2:00pm – 3:00pm	26 April
	Junior Song & Dance & Choir	St Michaels	3:30pm – 4:30pm	10 May
	Futsal	Uni Gym	4:00pm – 5:00pm	3 May
	Tennis	AIC Club	4:00pm – 5:00pm	Now in recess
	Taekwondo	Newstead	6:00pm – 6:45pm	3 May
Wednesday	Basketball	Uni Gym	3:30pm – 4:30pm	TBC
	Swimming – Lanes	L'Ton Aquatic Centre	5:30pm – 6:30pm	11 May
	Swimming – Program Pool	L'Ton Aquatic Centre	6:30pm – 7:30pm	11 May
	AFL	Windsor Park	6:00pm – 7:00pm	27 April
Thursday	Painting sessions	NHT	10:00am – 11:30am	5 May

MAY DINNER CLUB

Wednesday 25th May – 6.00pm

Hogs Breath Cafe, 14 Willis Street Launceston
Call the office to book your place at the table.

We look forward to seeing all our Dinner Club regulars
and if you're new, please consider yourself invited! :)



NORTH NDIS ART PROGRAM

New NDIS Pilot Program

SMARTY ARTS is a new program starting in the north in July and available for NHT members who have an **NDIS plan**. The six session program have been developed and wil be delivered by Sensorimotor Art Therapist, Sarah Poulton. These great arts based sessions will be focussed on not just fun and creativity but also helping develop emotional intelliginece and self-awareness.

We're really looking forward to this new program. and if you have a NDIS plan and would like to be involved contact Tom - tom@newhorizonstas.org.au or via the office on 03 6326 3344



A REMINDER

A WORD ON KINDNESS

We know our members are a very kind and supportive bunch.

Just a reminder to everyone that people make different personal decisions about their lives all the time, for many reasons.

It's vital that we continue to support each other, and no one should ever make others feel bad for their personal decisions (including health decisions) that are different to their own.

Please remember crew, words can hurt, like sticks and stones, no matter what the rhyme says!

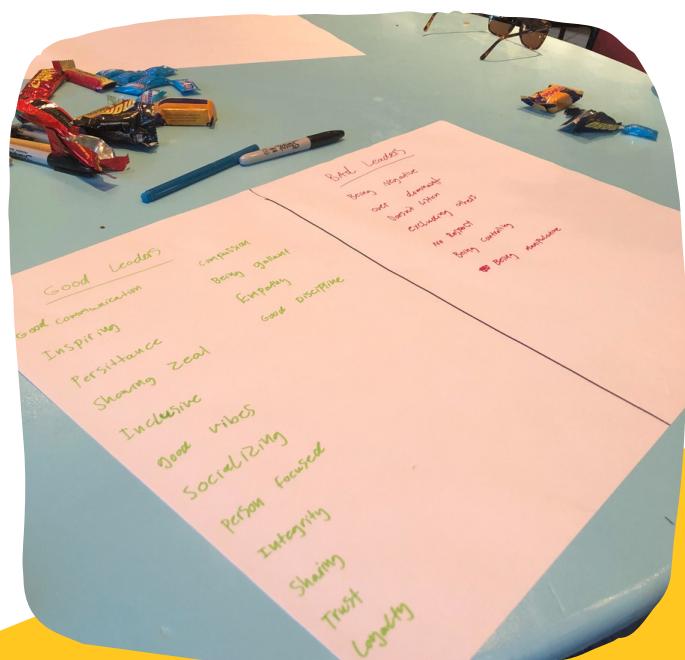
SOUTH NEWS

South Autumn (Term 2) programs and commencement dates			Location
AFL training	Mondays at 4:00pm	Monday 9 th May	KGV Oval, Glenorchy
Boccia	Wednesdays at 1:30pm	Wednesday 18 th May	Moonah Sports Centre
Basketball	Mondays 4:30pm	Monday 2 nd May	C-Block, 83 Federal St, North Hobart
Tennis	Tuesdays at 10:00am	Tuesday 24 th May	Domain Tennis Centre
Gymnastics	Tuesdays at 10:00am	Tuesday 17 th May	Gymsports, Kingston
Multi Sports (After School)	Wednesdays 4:00pm	Wednesday 4 th May	C-Block, 83 Federal St, North Hobart
Multi-Sports (Day Program)	Thursdays at 10:00am	Thursday 5 th May	C-Block, 83 Federal St, North Hobart
Ten Pin Bowling (After School)	Thursdays at 4:00pm	Thursday 26 th May	Zone Bowling Moonah
Ten Pin Bowling (Day)	Fridays at 10:30am	Friday 27 th May	Zone Bowling Moonah
Dinner Club	Wednesdays (Check dates)	11 th May, 8 th June, 6 th July	TBA

Easter holidays are over, the eggs have been (over)indulged – it is time for our Southern programs for Autumn/Term 2 to begin! Check out the program and contact Stu if you want to sign up to anything!

It has also been an exciting period in the South with the commencement of the **Champion program**. Eight members have been involved in some thought-provoking, engaging and fun sessions so far and developing a range of leadership skills along the way! As the first region involved in this program, we can't talk it up enough- so make sure you sign up when the NHT Champion program comes to your regions!

Also- we are hoping to encourage more Southerners to look in to **Boccia**, after the State titles are hosted down here this month. If you know anyone who might be interested, tell them to go along and check out what Boccia is all about!



NORTH-WEST NEWS

Welcome to Term 2! After a successful Summer Season where members participated in a number of different activities ranging from Clogging to AFL, we're gearing up for a funfilled Term 2. I would like to firstly welcome our new North West members **Miller, Darcy, Chandni, Jarrod, and Tina**. We've enjoyed getting to know you and your families and look forward to you joining us for more activities. Term 2 calendar... so far, there is more to come. Please see the next page!

NORTH-WEST LAUNCH

New Horizons Tasmania have been quietly inserting ourselves in to the communities of the North West Coast.

After a wonderful few months of getting to know eachother, we're looking forward to our official **North West launch on Tuesday 10th May.**

All current and new members are welcome, and we're very grateful to all who are spreading the word and sharing the news about how amazing our club is!

We look forward to seeing as many people as possible on Tuesday to have some fun; play some sport, try painting and **join in the celebrations !**

Katie :)

Please join us!

New Horizons Tasmania North West Launch

Tuesday May 10th

4 - 6pm

Dial Range Complex

Oval B

(Inside if weather is tricky)

RSVP to Katie Tel. 0408 146 973

Come & Try

- **Basketball**
- **AFL**
- **Cricket**
- **Painting**



Meet the Team
Sausage Sizzle
Give aways




new horizons
TASMANIA

NORTH-WEST: COMING UP

  **WARRIORS**
BASKETBALL CLUB

Inclusive Basketball Program

with Devonport Warrior
Wes Morgan

Every Wednesday
2:15 - 3:00pm
(commencing 4th May)

Youth Centre - Forbes St, Devonport
\$5/session

Contact Katie to secure
your spot 0408 146 973

Taekwondo



Thursdays

May 5 - July 7

SOMERSET PRIMARY SCHOOL

6:30 - 7:15PM

\$5

BOOKINGS ESSENTIAL

Katie: 0408 146 973
katie@newhorizonstas.org.au



NORTH-WEST: CHAMPION

'CHAMPION'

GROW, HAVE FUN & INSPIRE!
Starting on the North-West,
Wednesday 27th April

WHERE & WHEN

Every Wednesday 4-6pm
27th April - 15th June May
Community Learning Centre
Penguin Primary School

Contact Katie with questions & to RSVP

katie@newhorizonstas.org.au
Tel. 0408146973



2021 AWARDS LIST

Activity	Champion	Merit
AFL	Justin Nilon	Bailey Menzies
AFL Womens	Abbie Morton	
AFL - South	Bailey Menzies	
Basketball - North	Nick Carter	Louisa Jones
Basketball – South	Sam McKibben	Matthew O'Keefe & Theo Wright
Boccia	Nic Milner	Minna Blaney
Craft	Bronte Hart	Nic Milner
Cricket	Zeb Hovington	Harry Colgrave
Cricket - South	Bailey Menzies	Nic Turvey
Gym / Fitness	Matt Bowen	Linda Cox
Golf	Matt Bowen	Emma Tidey
Rebound Therapy	Sarah Peck	Alex Riley
Soccer/Futsal	Zane Cornelius	Chloe Hansson
Song & Dance	Kane Wojcicki	Clare Martin & Hannah Syms
Junior Song & Dance / Choir	Alex Riley	
Swimming	Phil de Jong & Sarah Squires	Clare Martin & Nicole Furfaro Program pool – Jonathon Williams
Taekwondo	Duncan Rattray	Chloe Hansson
Tennis	Connor Sheppard	Rupert Grayston
Table Tennis (South)	Liam Newman	
Woodwork	Merit - Mandy Monaghan & Megan Lockett	
North West	Participation & Engagement – Curtis Poke	
North West	Encouragement Award – Andrew Watts	
North West	Personal Growth – Sam Marthick	
The Robyn Award	Minna Blaney	
The Ray Bailey Award	Nic Milner	
Volunteer of the Year 2021	Maggie McKenzie	



Congratulations!
 to all our
2021 AWARD WINNERS

GALA SPORT & AWARDS WEEKEND

An unforgettable celebration

The last weekend of April was a cracker for all NHT'ers who took part in our Gala Sport Weekend in Launceston, and celebrated at our Awards Night.

Athletes enjoyed Basketball at St Patricks College as well as Tennis and Golf at Country Club, with the Driving Range Challenge proving to be a particular hit (no pun intended ;).

Our NHT dance troupe and choir were also kept super-busy, making multiple fabulous performances on the stage at Awards Night, and special mention go to **Amy Lewis** and **Hannah Syms** who captivated the audience with their members address.



It was an incredibly special night to celebrate our members achievements as well as our new-look New Horizons Tasmania. We really appreciated members and staff also joining us from Hobart and the North-West Coast, **Barry Gaby** from AFL Tasmania, **Simon Wood MP** and **BrIDGET Archer MP** who was instrumental in supporting NHT to NDIS ILC success. Our other VIP' guests on the night came from **Hudson Civil Engineering** - our long-term platinum partner. I know they all loved meeting our talented members and legendary volunteers! Ofcourse it wouldn't have been an NHT event without **DJ Dan** cranking out the tunes and a full dance floor.

Special thanks go to **St Pats, Tim and the crew at Country Club, Maryann and crew supporting our choir, Melissa Wimmer and her parents** for giving up their evening to manage and support our dancers, and **every single member and volunteer** who made such a terrific 72-hours possible!

5 Sporting highlights from the weekend...

- **Nic** shooting at 80% efficiency from the field in the Saturday Basketball match
- **Sidonie** winning the last person standing shootout contest
- **Jarret's** full court drive that resulted in him scoring 2 points
- **Dean, Lyn** and **Hamish's** nail biting putting competition
- **Kieran, Jason, Nic** and **Belinda's** intense doubles tennis match



AWARDS PICTURES



BOCCIA STATE TITLES - 20-22 MAY

The **2022 Boccia State Titles in Hobart** will be extra special this year, with a record 19 entries, including players from NSW, QLD and the ACT! We'll also be welcoming new Southern players competing for the first time.

We warmly welcome spectators to come along and support athletes :

The action will be happening:

Saturday 21st May and Sunday 22nd May

Moonah Sports Centre

Gormanstan Rd, Moonah