

April 2022

NEWSLETTER

FROM OUR CEO

“Hello all, It's been one very busy month for athletes, staff and volunteers at New Horizons — and with our **Gala Sports & Awards Weekend** coming up, it's not going to slow down any time soon!

New Horizons cricketers state-wide enjoyed a fantastic weekend in Hobart — special thanks to Cricket Tasmania for making this opportunity possible, and to our volunteer brigade for bus-driving and team support.

Our cricketers also played their second annual match against the **Launceston Grammar First 11** at Grammar, which was even followed by local media. Thank you again to **Brent Colgrave** for organising this wonderful day.

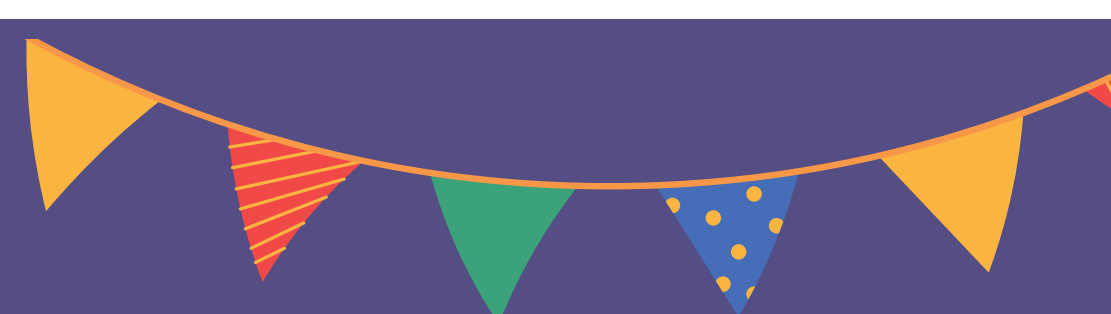
From bats to bikes, and we have just hosted our **16th annual Western Tiers Cycle Challenge**. Always an enormous undertaking to organise, this valuable fundraiser and community connector is only possible because of individual and corporate support. I have many people to thank, who you will read about inside, but allow me to make special mention of our volunteer **Event Director, Steve Ockerby**. The Cycle Challenge simply would not have been able to continue this long if it hadn't been for Steve's expertise, dedication and generosity of giving so many hours. Our organisation is blessed to have the Ockerby family in our fold — and I have no doubt that Steve will be relieved if he doesn't hear the word 'Cycle' for quite some time!

Speaking of people who give so much, I'm going to divert back to cricket now, as I'd like to share the wonderful news that our **NHT volunteer cricket coach, Liam Devlin**, has recently been announced as the Assistant National Coach for ID cricket. Our players, families and I are all so proud of 'Devo' – Cricket Australia have made a fantastic selection here.

Happy Easter all, see you after the break! Belinda :)



APRIL BIRTHDAYS!



- | | | | |
|-----|-------------------------------|------|---------------------------------------|
| 1st | Lyn Tanner | 12th | Josh Wyley |
| 2nd | Eden George | 14th | Judy Jones & Lyndall Hall |
| 3rd | Amber Vanderschaaf | 15th | Geoff Forsyth |
| 6th | Scott Claridge & Andrea Green | 16th | Saskia van Heek |
| 8th | Zeb Hovington | 18th | Lauren Bartninkaitis & Sally Le Fevre |
| 9th | Eloise Lunn & Anthony Lodge | 30th | Liam Newman |

& apologies to Rich LeBrocq for missing his birthday on 3 March!



BOOK AWARDS NIGHT TICKETS


Please join us to celebrate...
2022 NHT AWARDS NIGHT
Saturday 30th April
Doors open at 6pm
Mt Pleasant Show Room
Country Club Tasmania, Launceston
\$40 per adult, \$25 per child
Includes 2-course meal, drinks can be purchased :)
RSVP 21st Feb: 03 6326 3344 or info@newhorizonstas.org.au

See final page for special accommodation deal at Country Club.

N/W CELEBRATION

SAVE THE DATE! NEW HORIZONS TAS- NORTH WEST LAUNCH

Tuesday May 10th, 4-6pm

Katie, Sam and the crew are excited to be hosting a launch event on the North West Coast:

OVAL B, DIAL RANGE SPORTING COMPLEX

Come and meet the team, have a go at AFL, Basketball, painting and much more. Give-aways will be happening, free merchandise will be available, and a sausage sizzle from 5:30pm!



CROQUET OPPORTUNITY

WOULD YOU LIKE TO PLAY CROQUET ?

We're excited to be introducing **croquet in Launceston in Term 2**, either on a Wednesday afternoon, or Friday mornings.

There will be limited spots, so please **let us know ASAP if you're interested**, and which day would suit you best.

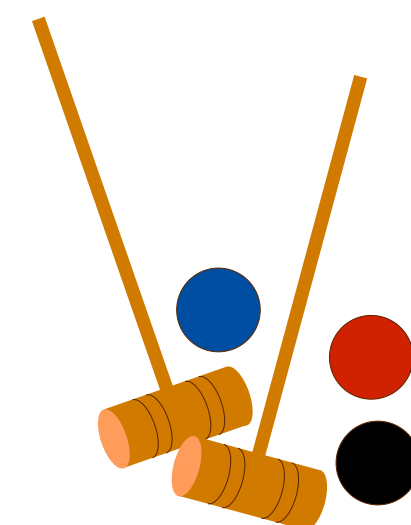
Croquet plays all-year round (aside from in the rain)- how good is that?!

•**Venue: Croquet Club at St Leonards.**

•Weekly 1 hour sessions

•There are wheelchair accessible ramps, and MOST wheelchairs are suitable for the greens

•\$8 per session (you'll be working with qualified coaches 😊)



Contact Tom- tom@newhorizonstas.org.au or via the office on 03 6326 3344 with your Expression of Interest!

DIARY DATES - NORTH

April 11th - TISA 'Walk, Run, Roll & BBQ - a fun morning and lunch at Heritage Forest Park (see information on page 9).

April 30th & May 1st - Gala Sports Weekend, Prospect

April 30th - Awards Night, Country Club Tasmania

May 3rd - Champion Leadership Course starts in Launceston

May 25th - Dinner Club at Hog's Breath Cafe

CYCLE CHALLENGE WRAP

The 16th annual **Becks Mitre 10 Western Tiers Cycle Challenge** was once again a cracking day! Cyclists from around the state joined us at Prospect Vale Park on March 27th, choosing from 5 different routes through the Meander Valley. We were particularly honoured to have Tasmanian National Champion **Lauren Perry** take part in our 76km ride.

Raising just over \$12,000 in vital funds for our 2023 programs, the day was only possible thanks to huge support from not only our participants, but our sponsors and small army of volunteers. New Horizons sends our gratitude to naming sponsor **Becks Mitre 10**, **Gold partners InnerSpace Wardrobes, LAFM, Hudson Civil, the Road Safety Advisory Council, and Silver Partner INTAS Group.**

Essential support was also provided by in-kind partners **Buckby Motors, Jono Hayes of Hayes Health, Rick Fontyn of Fontyn Media, The Meander Valley Council, Cripps Bakery, Ron Barker and IGA suppliers, Glennroy Coffee and Effective Naturally.**

Our community partners, stationed right across the routes were from **Westbury and Deloraine Rotary Clubs** and the **Ulysses Motorbike Club Tamar Tourers** played critical roles in keeping our riders on track and safe.

Heartfelt thanks also to our wonderful New Horizons volunteers on the day:

Ride Director: **Steven Ockerby**

Robyn Ockerby, Phillipa Stackhouse, Newlyn Singh Roy and Ruth on registrations and canteen

Greg, Sue and Matt Bowen on the BBQ,

Jess Holmes, Alan Dengate, Phillipa, Saskia, Tom and Cameron on marshalling,

Dom Vittori, Robin Green, Alvaro Ascui, John Stuart and Tim Stackhouse driving support vehicles.

Robyn Hanson, Donna West, Christine Wadley, Susan Aikman, Helen Bingley, Sarah Squires and Maggie McKenzie on catering.

Carolina Ascui – Chief ride event starter.

Ian Smith and Graeme Page on signage



Our huge apologies to anyone we have unintentionally omitted - it was an incredible team effort. We're already thinking about 2023!

SHARE YOUR EXPERIENCES

HOW COULD YOUR TOWN SERVE YOU BETTER? PLEASE TELL US...

NHT are collaborating with **The Van Diemen Project**, focusing on how local retailers, hospitality venues and service providers could be more welcoming to people (their customers) with disability – AND WE NEED YOUR CONTRIBUTION!

Our co-ordinators will be chatting with members at group activities about this, but we'd also welcome contributions via email, facebook, or in person.

We'd love to **hear your thoughts on the following two questions:**

1. **What barriers do you face** when in a shop, café, or restaurant? (These can be physical OR emotional- how certain issues make you feel)

2. **How could people with disabilities be served better**, and be made to feel more welcome at shops, cafes, restaurants and other local businesses?

Please email us at info@newhorizonstas.org.au with your ideas, or get in touch with the office. **All feedback to be received by Friday April 22nd :)**



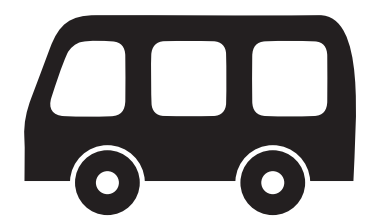
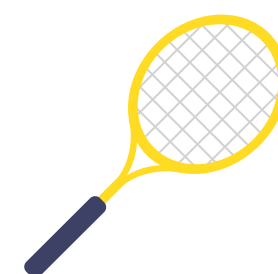
VOLUNTEERS NEEDED

GALA SPORTS WEEKEND - Saturday April 30th & Sunday May 1st

NHT are seeking a band of volunteers to ensure that our Gala Sport Weekend & Award Night is a success :)

Could you help with:

- The BBQ or making lunch-packs?
- Tennis and/or basketball umpiring, scoring or timekeeper?
- Golf assistance?
- As a bus drivers (12 seater vans)?



Please get in contact if you can help for anything from a few hours, to both days. Thank you all! :)

VOLUNTEER THANKS!

A big thank you to Carol Grady, who has been volunteering at Junior Song & Dance/Choir.

The group have had such a busy 6 months, and we couldn't have achieved so much without such a terrific team!

Carol has been a great help during practise sessions and concerts, and we now wish her well for her retirement. Thank you so much for your time and efforts, Carol! x



NORTH DATES

North Programs- Summer/Autumn Season Calendar

| | Activity | Venue | Time | Last session this season |
|-----------|-----------------------------|------------------------------------|-------------------|------------------------------|
| Monday | Gym/Fitness | <u>MyGym</u> | 11:15am – 12:15pm | No session 18 April (Easter) |
| | Bocciá | Max Fry Hall | 12:15pm – 2:15pm | 11 April |
| | Rebound Therapy | PCYC | 5:15pm – 6:15pm | 11 April |
| Tuesday | Craft | NHT | 10:00am – 11:30am | 12 April |
| | Model Making | NHT | 10:15am – 11:30am | 12 April |
| | Walking Group | NHT | 10:45am – 11:45am | TBC |
| | Golf | <u>L'Ton Golf Club</u> | 2:00pm – 4:00pm | Final session 12 April |
| | Song & Dance | <u>Melissa Wimmer Dance Studio</u> | 2:00pm – 3:00pm | 12 April |
| | Junior Song & Dance & Choir | NHT | 3:30pm – 4:30pm | 12 April |
| | Futsal | Uni Gym | 4:00pm – 5:00pm | 12 April |
| | Tennis | AJC Club | 4:00pm – 5:00pm | Now in recess |
| | Taekwondo | Newstead | 6:00pm – 6:45pm | 12 April |
| Wednesday | Basketball | Uni Gym | 3:30pm – 4:30pm | TBC |
| | Swimming – Lanes | <u>L'Ton Aquatic Centre</u> | 5:30pm – 6:30pm | 13 April |
| | Swimming – Program Pool | <u>L'Ton Aquatic Centre</u> | 6:30pm – 7:30pm | 13 April |
| | AFL | Windsor Park | 6:00pm – 7:00pm | No session 13 April |
| Thursday | Painting sessions | NHT | 10:00am – 11:30am | 14 April |

***Smarty Art – Art Therapy program**; to begin early May. Details are still to be confirmed. To register interest, please contact the office – 6326 3344 or info@newhorizonstas.org.au

NORTH WEST DATES & NEWS

| Activity | Day | Time | Location |
|---------------|--|---------------|--|
| Members Zoon | Monday 28 th March Monday 4 th April Monday 11 th April Monday 18 th April Monday 25 th April | 7:00 – 8:00pm | Online Contact Katie for the link |
| AFL | Wednesday 30 th March Wednesday 6 th April Wednesday 13 th April Wednesday 20 th April | 5:00 – 6:00pm | Dial Regional Complex, Oval B, Penguin |
| Social Dinner | Wednesday 20 th April | 6:15 – 7:30pm | The Neptune Grand, Penguin |
| Club Champion | Wednesday 27 th April | 4:00 – 6:00pm | To be Confirmed |

Coming up in May...

Taekwondo, Thursday May 5th, Somerset Primary School, 6:30 – 7:15pm, \$5
NHT North West launch Bbq- Tuesday May 10th, 4-6pm
Champion leadership program -Wednesdays from 27th April until 15th June
Basketball in Devonport (we'll have dates and times soon)



North West Update: New Horizons members on the North West Coast have enjoyed weekly catch ups together whilst participating in a range of activities from **swimming, to beach walks, Clogging to AFL**. Together we have **strengthened our friendships, learnt new skills**, engaged our passion for trying new things and welcomed new members to our group. We look forward to seeing what the remainder of the term brings and participating with excitement and energy :)

SOUTH DATES & NEWS

| South Summer (Term 1) dates | | | |
|-----------------------------|-----------------------|------------------------|---|
| Cricket | Mondays at 4:00pm | Finished for Term 1 | TCA Ground Indoor Centre, Queens Domain |
| Boccia | Tuesdays at 10:00am | TBA | TBA |
| Basketball | Mondays 4:30pm | Happening now | C-Block, 83 Federal St, North Hobart |
| Disc Golf | Wednesdays at 10:00am | TBA | TBA |
| Multi Sports (Day) | Thursdays 10:00am | Happening now | Moonah Sports Centre |
| Multi-Sports (After School) | Wednesdays 4:00pm | Happening now | C-Block, 83 Federal St, North Hobart |
| Lawn Bowls | Fridays 10:30am | Happening now | North Hobart Community Bowls Club |
| Dinner Club | Wednesday | 13 th April | TBA |

Time flies when you're having fun! Our programs have been enjoyable and well attended for the Summer period and Easter is almost upon us already!

The Champion program will begin for NHT in the South from **Wednesday 6th April**. See below- we hope you're keen!

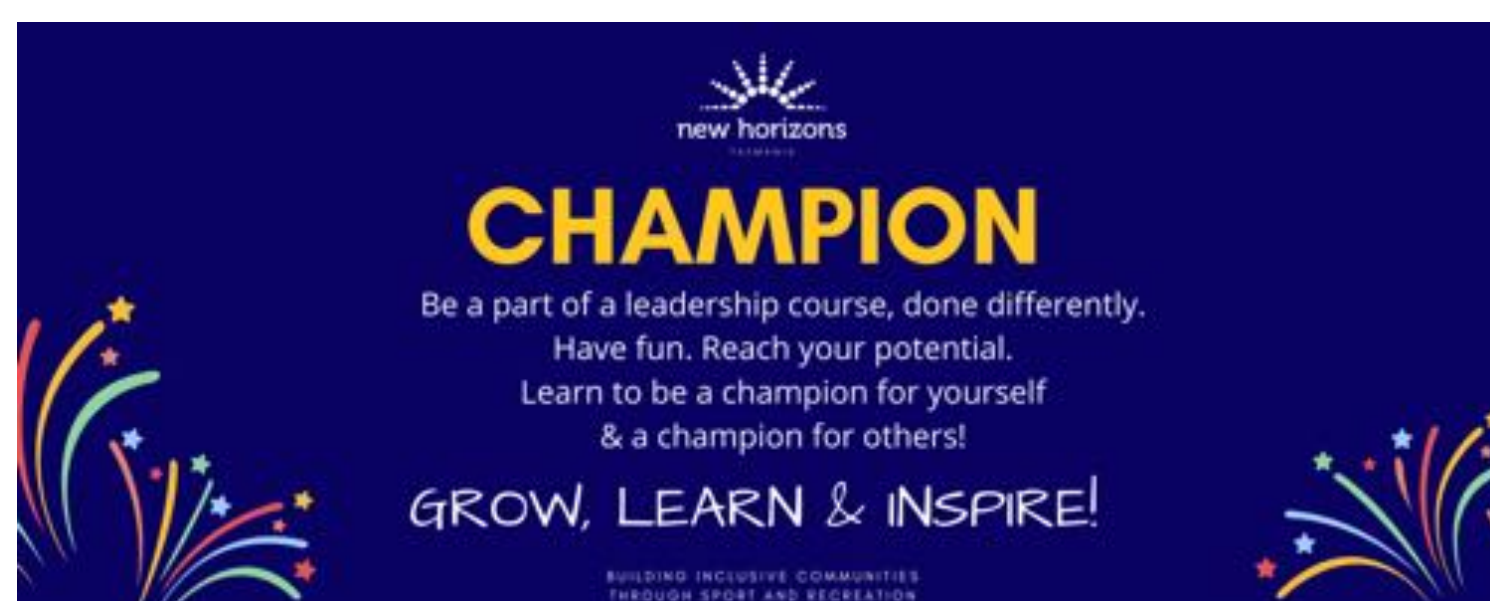
The Term 2 / Autumn calendar will soon be released so stay in touch for all the information which will be sent to all Southern members and via social media.
Cheers! Stuart.

NHT's LEADERSHIP COURSE KICKS OFF THIS WEEK IN HOBART- WEDNESDAY's 4-6PM

Have you been thinking of joining in with our crew, taking part in the Leadership and Mentor Course called 'Champion'? This amazing opportunity requires just 2 hours per week and we PROMISE that once you start, you'll wish it was more 😊

What can you hope to achieve by taking part? Just some of the benefits will be growing your confidence, connecting with the community, and starting on a journey to see your full potential. Have the confidence to be a Champion for yourself and a Champion for others!

Contact Stu by phone or on stuart@newhorizonstas.org.au for more information and to register.



MEMBER NEWS

Sarah Squires at Able Kitchen

Abled Kitchen is a terrific new initiative from St Giles and Fermentasmania, offering inclusive skills workshops for people with disability in a commercial bakery. NHT member **Sarah Squires** recently took the opportunity to join in and learn about preparing and baking dough for ravioli and pizza bases at **Sandy's Sourdough**. She worked at the bakery for 4 days, and then went on to sell her goods at Harvest Market. Sarah told us she really enjoyed the work, and that she sold everything. Well done on a fantastic job Sarah!



Mel excels at Relay for Life

NHT member **Mel Philips** did a wonderful job walking 50km (!!) and raising funds for the Cancer Council as a part of Relay for Life.



Mel walked throughout the night with friends from Optimal at the St Leonards Oval. She was a little bit worse for wear the next morning. What a fantastic effort Mel, we're all very proud of you!



NHT ONLINE SESSIONS

ARE YOU FREE ON MONDAYS at 7pm? Catch up with NHT friends from your own couch!

Our port co-ordinators (Cam, Stu, Katie and Tom) are hosting a series of weekly, state-wide social Zoom sessions. Meet special guests, catch up with old friends, make new ones, and more!

WHEN: Every Monday until further notice

TIME: 7:00pm – 8:00pm.

FORMAT: Chat, quiz, laughs, guests!

REGISTER : The Zoom link will be available every Monday on facebook



SPECIAL SPORT REPORT

NORTH Vs SOUTH – CRICKET AT BLUNDSTONE ARENA



The All Abilities 20/20 State Cup was held at Blundstone arena on the 14th of March.

Under grey and ominous skies that were threatening a downpour all morning, the Southern All Abilities side won the toss and elected to bat, **Craig Blaschke** was the top run scorer for the Southern side with a quick fire 43 from 31 deliveries faced. **Blake Bonnitcha** was the next highest run scorer with a steady knock of 37 runs from 32 deliveries, and **Joel Corbett** chimed in with a solid 21 runs from 25 balls.

The Northern bowling attack was spear headed by **Connor Sheppard** and **Alan “Dingo” Dengate** with the respective figures of 1 for 17 from 3 overs and 1 for 14 from 2 overs. **Harry Colegrave** also chipped in with 1 wicket for 21 runs from 2 overs.

At the end of the 20 overs, the Southern side had set the competitive figure of 131 runs for the Northern side to chase. The Northern side lost early wickets, putting them immediately on the back foot, but **Zeb Hovington** made an exciting 15 runs from 18 deliveries before he was caught and bowled by Craig Blaschke with an excellent over the shoulder catch.

Nick Carter and Alan “Rock Climber” Dengate made 11 runs from 11 deliveries and 10 from 22 respectively and **Justin Nilon** added 9 runs from 18 balls. The pick of the Southern side’s bowlers was the rampaging **Matt Barnett** who took 2 from 9 off 2 overs and was at one point on a hat trick, this was a handy inclusion for the South as Matt is from the North of the State but was filling in for the Southern team. **Liam O’Sullivan** chimed in with 2 for 10 off 2 overs and **MJ Parbs** secured 1 wicket for 2 runs from 1 over. **Mitch Mansell** also secured the prized scalp of the barnstorming **Matt “Bowey” Bowen** and finished with the figures of 1 for 3 from 2 overs.

The Northern side were eventually bowled out for 80 runs giving the Southern squad a comfortable victory and resulting in **Sue Bowen** being required to hold up her end of the wager on the match, and provide a Parmi from the Deloraine Pub!

A great day was had by all and some quality cricket was played. Thanks must be given to **Cricket TAS** for helping to facilitate the day, along with State Coach **Liam Devlin** and New Horizons volunteers (a special shout-out to **Brent Colgrave** for bus-driver duties) for their fantastic support.

LEADERSHIP COURSE- NORTH

NORTH- WEST & LAUNCESTON BOOKINGS NOW OPEN!

Contact the office to have full information sent to you.

We encourage all interested members to explore this incredible opportunity!

NORTH-WEST:

Starts: Wednesday 27th April, 4-6pm, and runs weekly, finishing Wednesday 15th June.

LAUNCESTON :

Starts: Tuesday 3rd May, 10am-12pm, and runs weekly, finishing Tuesday 21st June.

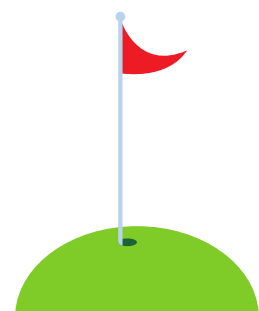
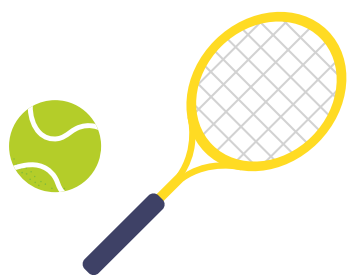


The HOBART COURSE STARTS THIS WEEK- and you can still join!

AWARDS NIGHT ACCOMMODATION

Country Club are offering special accommodation rates for attendees of our Gala Sports Weekend and Awards Night.

Call Country Club reservations on **03 6335 5777** and quote 'New Horizons' to access the deal



CONDOLENCES

From all at New Horizons, we send our condolences to dear friends of our Club who have suffered bereavement...

To **Alan Butt and family** on the passing of Lyn, a great supporter and friend to many at NHT.

To **Janice and Tim Beattie** and family on the passing of Scott; their son & brother.

To **Chris and Ruth Symons** and family, on the passing of Chris's Mother, Maureen.

