

February 2022

NEWSLETTER

FROM OUR CEO

Happy New Year to our New Horizons community!

I hope you've enjoyed a great break and some lovely family time in the sunshine.

In January of years' passed I would be talking to you about all the exciting sport, recreation and social activities that we have planned - and of course there will be plenty of those. However, as we all take steps towards 'living with Covid', it's clear that flexibility will be the skill everyone in our club will require.

"There is no such uncertainty as a sure thing" wrote legendary Scottish poet, Robert Burns. As we get ready to get back to our activities for 2022, I think the only sure thing is that the uncertainty around many aspects of lives will continue for a while longer.

We have made the decision to re-open the office and re-start our programs, knowing that there will be many occasions this year where coaches and volunteers will suddenly become unavailable, sessions cancelled at short notice and our office not always be guaranteed to be staffed. We thank you in advance for your understanding and patience when Covid 'gets in the way'.

I am so thrilled to have our new team ready and raring to get going, despite the challenges we are facing. This month we welcome Katie Mitchell on the North-West Coast, who will be working with Samuel Marthick to build new inclusive opportunities in this very special part of the world.

There will also be fantastic new programs right across the State and I'm so thrilled that you have chosen to join us on this adventure.

We have received most member's vaccination certificates — please email them through if you haven't already. If for any reason you are unable to start back up with us at the moment, we send you our very best wishes — rest assured, we'll be staying in touch, and hope to connect with you again soon.

Look after yourselves!
Belinda

BIRTHDAYS

JANUARY

2nd Glenn O'Brien
3rd Oliver Lecuyer
8th Jacque Spencer
9th Nick Carter & Annette Devine
10th Sarah You
13th Kaye Drinkwater
15th Justin Nilon & Jo Wallace
18th Logan Di Paolo & Denise Young
17th Maggie Squires
22nd Claire Colgrave, Nonadini & Puneet Kashyap
26th Jenny Dell & Kat Holyman
28th Chris Cash
29th Emilie-Jane Sinclair

FEBRUARY

1st Katyayni Kashyap
2nd Scott Schilg
4th Vicki Forsyth, Hayden Hill
5th Matt Bowen & Harry Colgrave
6th Bradie-Lee Skeggs
8th Jordan Hall
9th Callum Ring
10th Mandy Monaghan
13th Priyanka Chadha & Teal'c Burnett
14th Graeme Page & Michael Kroczewski
16th Terri Ruddick
17th Emily Young
19th Simon Peck
21st Bronte Smith
23rd Fred Fullerton
24th Daniel Fisher
25th Phil de Jong
26th Finn Hilder & Frankie Burnett

DINNER CLUB NORTH

Dinner Club is on Thursday 24 February, 6.00pm. Venue will be announced on Facebook closer to the date. Please reply to the office on 6326 3344 if you would like to come along.

MEMBERSHIPS

Adult: \$40

Junior: \$34

Family: \$70

Payment can be made at the NHT office in person, by direct debit or by credit card over the phone.

LIVING AND BREATHING ACTIVE INCLUSION

COVID VACCINATION CERTIFICATE

Have you sent your certificate into the office?

If not please send it in ASAP. If you have any difficulty providing it please contact Ruth or Saskia at the office and they will be pleased to help.

IMPORTANT

To participate in the Summer season in person activities you must be a financial member of NHT and be double vaccinated.

SAVE THE DATE

The New Horizons Western Tiers Cycle Challenge is back! Details on how to register will be on the Facebook page soon and if you would like to volunteer to help on the day please give the office a call on 6326 3344 and put your name down.



CONDOLENCES

Our condolences to the Page and Baker families on the passing of Cath Baker last month. You are all in our thoughts in your loss of such a wonderful lady. Our thoughts also go out to David Smith in the loss of his Sister and his Uncle recently.



NORTH NEWS

North Summer Season Commencement Dates

	Activity	Venue	Time	Commences on
Monday	Gym/Fitness	MyGym	11:15pm – 12:15pm	31 January
	Boccia	Max Fry Hall	12:15pm – 2:15pm	31 January
	Golf	L'Ton Golf Club	TBC	TBC
	Cricket	Invermay Park	4:00pm – 5:30pm	10 January
	Rebound Therapy	PCYC	5:15pm – 6:15pm	7 February
Tuesday	Craft	NHT	10:00am – 11:30am	TBC
	Model Making	NHT	10:00am – 11:30am	TBC
	Song & Dance	Melissa Wimmer Dance Studio	2:00pm – 3:00pm	8 February
	Junior Song & Dance & Choir	NHT	3:30pm – 4:30pm	15 February
	Futsal	Uni Gym	4:00pm – 5:00pm	8 February
	Taekwondo	Newstead	6:00pm – 6:45pm	8 February
Wednesday	Tennis	AIC Tennis Club	4:00pm – 5:00pm	9 February
	Swimming – Lanes	L'Ton Aquatic Centre	5:30pm – 6:30pm	9 February
	Swimming – Program Pool	L'Ton Aquatic Centre	6:30pm – 7:30pm	9 February
Thursday	Painting sessions	NHT	10:00am – 11:30am	10 February
Friday	Yoga	NHT	10:00am – 11:15am	4 March
	Walking Group	NHT	11:45am – 12:45pm	11 February

* **Basketball** – details to follow once venue and day are confirmed *

* **Woodwork** – currently in recess *

SOUTH NEWS

Welcome to 2022 in the South – we are looking forward to getting underway with our program for Summer very soon! We have some new programs on the cards throughout the week and are excited to see all our existing members again and hopefully some new faces too!

As always, we are keen on engaging with any new Southern-based volunteers! If you, a family member, friend or someone you know may be interested, get them to contact Stu.

South activities will commence from the week of Monday 7th February – the schedule is below and a more extensive calendar is available on request. Enrol today!

DINNER CLUB SOUTH

Our first Southern Dinner Club for 2022 is on Wednesday 9 February at the Black Buffalo at 7:00pm. If you would like to come along, contact Stu ASAP.

South Summer Season Commencement Dates

Cricket	Mondays at 4:00pm	7 th February	TCA Ground Indoor Centre, Queens Domain
Boccia	Tuesdays at 10:00am	8 th February	TBA
Basketball	Mondays 4:30pm	21 st February	C-Block, 83 Federal St, North Hobart
Disc Golf	Wednesdays at 10:00am	16 th February	TBA
Multi Sports (Day)	Wednesdays 2:00pm	17 th February	TBA
Multi-Sports (After School)	Wednesdays 4:00pm	16 th February	C-Block, 83 Federal St, North Hobart
Lawn Bowls	Fridays 10:30am	11 th February	North Hobart Community Bowls Club
Dinner Club	Wednesdays (Check dates)	9 th February, 9 th March, 13 th April	TBA

NORTH WEST NEWS

BURNIE DISC GOLF

WHERE: 113 View Rd, Burnie

WHEN: Wednesday 9th February at 5:30pm

To RSVP, call New Horizons Tas Office on 6326 3344 or Katie on 0408 146 973.



SEABROOK SOCIAL DINNER

WHERE: 15275 Bass Hwy, Somerset

WHEN: Wednesday 16th February at 5:30pm

To RSVP, call New Horizons Tas Office on 6326 3344 or Katie on 0408 146 973.



COMING SOON TO THE NORTH WEST COAST!



Football



Swimming



Basketball



Fitness Group



+ so much more!

MEET KATIE

Katie Mitchell is NHT's new part-time North West Sport and Recreation Coordinator.

Katie has been teaching across North West schools for the past 19 years. She enjoys an active lifestyle and embraces the recreation opportunities that the North West has on offer, especially the beaches! Katie enjoys going to the gym, running and spending time with her family.

Katie engages in several sporting organisations across the coast and supports her two boys in soccer, basketball, mountain biking and swimming. Over the years she has also been actively involved in Netball and Surf Lifesaving. Katie is looking forward to meeting our current North West members and recruiting new participants to our organisation.



CAROL TANNER SWIM CARNIVAL

WHEN: Saturday 22nd February 2020

WHERE: Scottsdale Swimming Pool 9.30 am – 1.30 pm

DETAILS:

- Warm up from 9am
- Open to Athletes with a Disability & Under Age Mainstream Athletes

HOSTED BY - North-East Branch of New Horizons Tas

SUPPORTED BY - Dorset Council & Scottsdale Swim Club

REGISTRATION FORM BELOW



LIVING AND BREATHING ACTIVE INCLUSION

CAROL TANNER SWIM CARNIVAL

REGISTRATION FORM

Saturday 22nd February, 2022

Scottsdale Swimming Pool from 9.30am – 1.30pm

Warm up from 9am

Open to Athletes with a Disability & Under Age Mainstream Athletes

Remember to bring: bathers, swim goggles and cap (if needed), towel, hat, sunscreen, drink, lunch (or money to purchase food available), change of clothes and mask.

Transport: The NHC Bus will be available for those without their own transport. Please book ASAP as there are limited seats available. Book at office – Cost: \$5.00 pp.

Awards: 1st, 2nd and 3rd place getters will be awarded ribbons following each event. ATHLETE OF THE MEET (with a Disability) – Male and Female (For most points gained) will be awarded at the close of the Carnival

Entry fee: \$10.00 - to accompany entry & SPECTATORS FREE!

PLEASE TICK EVENTS YOU WANT TO ENTER

- | | | |
|--|--|--|
| <input type="checkbox"/> 25 m Freestyle | <input type="checkbox"/> 50 m Freestyle | <input type="checkbox"/> 100 m Freestyle |
| <input type="checkbox"/> 25 m Backstroke | <input type="checkbox"/> 50 m Backstroke | <input type="checkbox"/> 100 m Backstroke |
| <input type="checkbox"/> 25 Breaststroke | <input type="checkbox"/> 50 m Breaststroke | <input type="checkbox"/> 100 m Breaststroke |
| <input type="checkbox"/> 25 m Butterfly | <input type="checkbox"/> 50 m Butterfly | <input type="checkbox"/> 100 m Butterfly |
| <input type="checkbox"/> Across the Pool Walk | | <input type="checkbox"/> Across the Pool Kickboard |
| <input type="checkbox"/> 100 m Individual Medley | | <input type="checkbox"/> 4 X 25 m Freestyle Relay |
| <input type="checkbox"/> 4 X 25 m Medley Relay | | |

(Anyone entering 50 & 100m races or more than one 25m event CANNOT compete in the kickboard or across the pool)

NAME:

ADDRESS:

CONTACT NUMBER: Phone: Mobile:

ENTRY FEE: \$10.00 Per Swimmer

Any Volunteers available to assist with duties on the day please contact Belinda.

Entries to be returned to New Horizons Tasmania office by **Monday 14th February 2022.**

Email: info@newhorizonstas.org.au Ph: 6326 3344