

NEWSLETTER

August
2021

Hi all,



I hope you're having a terrific winter and enjoying the wonderful Olympics coverage!

What a reminder the last month has been of the uncertain times we live in. I am so very appreciative that our athletes, coaches and community continue to rise to the challenge and ensure we follow covid-safe protocols rigorously — thank you all.

Our thoughts are with everyone currently under lockdown — I know many of you are missing the company of 'mainland' family and friends, and athletes such as our own Minna Blaney have again had to take rainchecks on important competitions.

With the existing disruption to people's lives and calendars, I regret to inform everyone that after several months of planning, the Gala will not be going ahead this year. We were so very keen to host a magical fundraising night. Unfortunately, several factors beyond our control arose, and led us to make this very difficult decision. We are putting our disappointment behind us, looking at alternate ways to replenish vital savings, and are already excited about the 2022 Wonka Ball!

As for some great news? Things are super busy at head office, as we prepare to launch a new structure shortly to reflect our state-wide expansion. We're really excited about the next few months, which will see fabulous new opportunities for members as our team grows.

Now, I can't sign off without mentioning the magic our fellow-Tasmanian Ariarne Titmus has been sharing from the pool in Tokyo. It's been so thrilling, and now we can't wait to see the action from our Paralympians.

Have a great August!

Belinda

August Birthdays



2nd - Louisa Jones

4th - Tommy Colgrave

6th - Geraldine

Williams

9th - Dean Foreman

10th - Mel Phillips &

Greg Bowen

15th - Dana Devine &

Rupert Grayston

16th - Hailie Large

21st - Jess Holmes

23rd - Zane Cornelius

25th - Brodie Leslie

31st - Telejah Bowen

Condolences

Sadly we acknowledge the recent passing of Harmonie White. Our condolences go to the White family at this sad time.

Our thoughts are also with Robyn Hanson and family on the recent passing of her beloved sister Jill.



Dinner Club / Members' Voice Meeting

When: Thursday 26th August, 5.30pm meeting, 6.00pm dinner

Where: the Mowbray Hotel, 254 Invermay Road, Mowbray

Book via the office - Call 6326 3344

Please Note: The meeting is accessible to every member via ZOOM (statewide). Please call the office on 6326 3344 for the Zoom link or ask Stuart (Hobart).

FOR SALE - Tricycle

The Stott family are selling Ryan's tricycle, with proceeds going to New Horizons Tasmania. The Tricycle would suit anyone with some leg movement – and a sense of adventure! Sale includes a helmet.



The trike is in a very good state. New this bike would cost \$590.00. Make a reasonable bid and this trike could be yours. Contact the office on 6326 3344 or info@newhorizonstas.org.au to leave a bid.

North Term 3 Schedule

Monday	Gym/Fitness Boccia Rebound Therapy	MyGym 11.15am Max Fry Hall 12.15pm PCYC 5.00pm
Tuesday	Craft Woodwork Song & Dance Junior Song & Dance/Choir Taekwondo	NHT 10.00am NHT/LCGS 10.15am Melissa Wimmer Studio 1.00pm NHT 3.30pm Newstead College 6.00pm
Wednesday	Swimming – Lanes Swimming – Program Pool AFL training	L'ton Aquatic Centre 5.30pm Recommences in September Windsor Park 5.30pm
North East Program		Scottsdale Community Centre 3.00pm

South Term 3 Schedule

Monday	Tennis Basketball AFL training	Domain Tennis Centre 10.30am C-Block North Hobart 4.30pm KGV Oval 4.30pm
Tuesday	Bowls	10.30am
Wednesday	Multi-Sport	C-Block North Hobart 4.00pm
Thursday	Gymability Multi-Sport Taekwondo	Kingborough Sports 10.00am C-Block North Hobart 10.00am Vision Church Sandy Bay 4.00pm
Friday	Multi-Sport	Huonville 4.00pm

Term 3 Session Fees

Invoices will be sent out at the end of Term 3 for Sport & Recreation activity fees. Remember to call the office or your coach **at least 2 hours prior** to a session if you are not attending or a week prior to going on holidays. If you have any queries please call Ruth or Saskia at the office on 6326 3344.



NHT Clubroom Campout

Book your spot!

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We're having a NHT sleepover + a sail on the Tamar River + scrumptious food + a moment on the airwaves. How fun does that sound? 😊

When: 10th - 11th September

Where: NHT clubrooms

Cost: \$55

A special thank you to the NHT Members Voice team who have organised this fun gathering!

*Please note this is a shower-free event

Limited spaces! Register at the office. For more info, contact Lorna on 0419 353 165





"The FoodREDi program helps people learn how to save money on food shopping and eat more healthily, with hands-on guidance on preparing and cooking easy and tasty meals".

WANT TO IMPROVE YOUR FOOD & NUTRITION KNOWLEDGE, GROCERY BUDGETING AND COOKING SKILLS?

The fabulous Siobhan of Australian Red Cross Tasmania will be returning to the NHT Launceston kitchen to deliver the Red Cross's fantastic 6-week FoodREDi course.

When: Every Wednesday from 10.30am - 1pm commencing August 4th.

Cost: \$60 for the entire course which can be paid at the office or invoiced.

With most sessions, this includes sitting down with the group for food which YOU have prepared. Numbers are very limited so please let the office know ASAP if you'd like to take part!



COVID SAFE at NHT

**Remember to check
in with the Tas App**

**CHECK IN
TAS**



**Sanitise when
you arrive and
before you leave**

**Cough/sneeze
into your elbow**



**Stay home if you
are unwell**



Introducing the Board!

Lorna Wilson

Hi, I am Lorna, also known as Brodie's mum. Brodie and I joined New Horizons while we were still living on Flinders Island; a good reputation reaches far and wide, and the club was recommended to us by a friend.

I am guessing that you might have done the very same thing as I did next - I gave B a call. That was over 6 years ago!

Almost instantly, Brodie went from not recognising which goal to kick a footy towards, to being a New Horizons AFL Inclusion state rep with far fewer bloopers (he still has his days).



Also, almost overnight, I became a volunteer. The club and its people were like family, and opened up so much opportunity to young people living with additional challenges. It was only natural that I put my hand up to be part of an organisation that I believe in. It brings a chuckle every time I recollect the fun-filled days of painting the clubrooms with Chris and Laurie, managing the interstate trips with our homegrown AFL and Futsal teams, and of course, coaching running group. Oh, and there was an occasion that tested my commitment to my New Horizons family, when B and Edwina suggested I fly to Melbourne and check out a stadium stomp event before launching our own Stadium Step-up at Utas stadium. I am not too comfortable flying, nor leaving Brodie, yet here I was in Melbourne, alone, stomping up the steps, interviewing competitors, checking the set up, safety signage, and cool merchandise. Thanks ladies for helping me reach a personal new horizon!

Becoming a board member was a big step and has been a gradual and valuable learning. I am thankful to the board members for their encouragement and support during my time as a parent representative. Members can take my word for it that you are in highly-skilled, professional hands, who work through every detail to build the best and most effective operation of New Horizons Tasmania. I have learned much about how thoroughness and thoughtfulness ensure the structural integrity of our beloved club.

Just recently, we created an exciting partnership with Scripture Union to offer members an opportunity of an alpine adventure in the Cradle Mountain region. This was a great weekend of hiking together, snoring together (shared hut space) and working as a team. And yes, it snowed! It is in these moments when plans become realised events and our young people (and young at heart) experience new heights together that the title of New Horizons Tasmania is so very apt.

