

Hi team,

It's hard to believe that we were covered in snow only weeks ago, with the blossom and the daffodils now blooming and the days getting longer. Gosh, we'll even be talking about cricket soon!

I hope everyone is feeling energised by the spring sunshine, but also with more sport, recreation and safe socialising now firmly on the agenda for Tasmanians.

New Horizons staff have been flat-chat getting ready to launch a **raft of new programs in Hobart** (basketball, gym and more), as well as laying the foundations for some new activities in Launceston. Term 4 is looking good!

Speaking of Term 4, we're still planning on celebrating Christmas at New Horizons, but to ensure we can keep to social distancing guidelines (and keep everyone safe!), we will be having two Christmas barbeques over two nights. Half the amount of people at each, but certainly not half the fun! We haven't worked out the finer details yet, but will be in touch soon with more information and two dates for you to choose from.

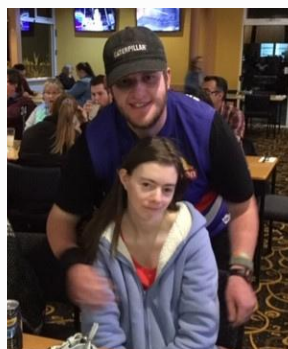
Have a great month, all!

Edwina



DINNER CLUB – NW COAST & LAUNCESTON

At NHT we love a good dinner with friends! Check out the happy faces at Burnie and in Launceston recently. New Dinner dates inside - so book your spot!



SEPTEMBER BIRTHDAYS

2nd Glenice Walker
3rd Janice Beattie
4th Chris Edmunds
9th Hayley Wigg
11th Sophie Nolan
12th Hannah Syms
13th Luke Kolkert
15th Robin Green
16th Amy Lewis, Darren Hayes
18th George Kearnes, Brent Colgrave
20th Robyn Hanson
21st Aimee Olds, Renu Chaudhary
23rd Zane Cornelius
26th Darren Marthick, Colin Roney,
Bec Reidl
28th Kalena Bos

DINNER CLUB
WED. 23 SEPTEMBER
6.00 PM
HOGS BREATH CAFE
LAUNCESTON
PLEASE CALL THE OFFICE
TO BOOK YOUR SPOT
6326 3344!

Get well soon!

Steve Ockerby and
Rosemary Armitage we
wish you both a speedy
recovery!

Be COVID Safe at NHT!



Please remember to,

- * keep 1.5m from other members & your coach
- * wash your hands before or when you arrive
- * use hand sanitiser when you arrive and before you leave
- * cough or sneeze into your elbow
- * stay home if you are unwell

Fancy being in a video about sport, rec and NHT?

Attention all members! Jess Holmes will be leading a video project for us, interviewing members about what they love about sport and/or rec and what they enjoy about New Horizons.

We'll then be combining pieces of everyone's interviews to make a little video to share on social media,. The video aims

1. to encourage people with disability to think about giving new activities a try and
2. to share the voices of our members, and remind our community that access to sport and rec is vital!

We'd love to have as many people involved as possible, so please get in touch with the office if you'd be happy to be interviewed by Jess and she will be in contact 😊

Email - info@newhorizonstas.org.au or call the office 6326 3344.

New Horizons Club Inc. AGM

Monday 9th November 7.00 pm

Attendance available via Zoom - please register with the office to receive the link OR attend in person at the Club. RSVP is essential for our COVID requirements by Friday 30th October.

Important Agenda items include -

- * Election of Office bearers
- * Reports
- * New Constitution to be tabled

Nomination forms will be available from the office and close on October 9th.

New Programs in Hobart!

Basketball

Mondays 4:30pm - 5:45pm

C Block - 83 Federal St North Hobart \$5 per session

Gymnastics

Wednesdays 10:00am - 11:00am

Kingborough Gymsports, 10 Kingston View Drive, Kingston

\$8 per session

Multi-sports

Evening sessions - Wednesdays 4:00pm-5:30pm

C Block - 83 Federal St North Hobart \$5 per session

Day sessions - starting Thursday 3rd September

Thursdays 1:30pm - 3:00pm

C Block - 83 Federal St North Hobart \$5 per session

Lawn/Carpet Bowls - Starting Friday 4th September

Fridays 10:30am - 11:30am

North Hobart Bowls & Community Centre

Cnr Letitia & Ryde St, North Hobart \$5 per session

For more information contact Stuart Schultz - stuart@newhorizonstas.org.au

Congratulations to

*Vanessa & James Abernathy on the birth of
baby Hannah Lucy!*

Sport & Recreation Schedule - September 2020

New Horizons supports participation in sport and recreation as a way of encouraging a healthy lifestyle.

Monday

Fitness/Gym	11.15 - 12.15 pm	MYGym	\$5.50
Boccia	12.30 - 2.30 pm	Max Fry Hall, Trevallyn	\$4.00
Futsal/Soccer.	4.30 - 5.30 pm	Newstead College	\$4.00 (STARTS SEPT 7TH)
Rebound Therapy	5.30 - 6.30 pm	PCYC	\$12.00

Tuesday

Craft	10.00 - 11.30 am	NHT	\$5.00
Woodwork	10.15 - 11.30 am	Meet at NHT	\$5.00
Song & Dance	1.00 - 2.00 pm	Melissa Wimmer Studio	\$4.00
Junior Song & Dance	3.30 - 4.30 pm	NHT	\$3.00
Taekwondo	6.00 - 6.30 pm	Newstead College	\$5.00

Wednesday

Swimming	5.30 - 6.30 pm	L'ton Aquatic Centre	\$5.50
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Thursday

Choir (fortnightly)	3.30 - 4.30 pm	NHT	\$3.00
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Basketball, Golf & Tennis returning in Term 4

North East

Mondays 3.00 - 4.30 pm Scottsdale Stadium

North West

Dinner Club - Wednesday 30th September at the Town House, Burnie

Southern Club

Wednesdays 4.00 - 5.30 pm AIC, 83 Federal St, North Hobart \$5.00

New programs - please see previous page for details

****SCHOOL HOLIDAYS SEPTEMBER 26 - OCTOBER 11TH - NO ACTIVITIES****

New Members

New Horizons Tasmania welcomes and encourages new members. This month's applicants are - Bethany, Mark, Scott and Vanessa Hallows. If any member having just cause why any of the above applicants should not be inducted into the club, they must advise the Public Office (Belinda Kitto) in writing no later than FRIDAY 18th September 2020. Mail can be directed to New Horizons Tas, PO BOX 49 Mowbray 7248 or dropped into the office. Without any objections, these members will be inducted into the club and advised accordingly.

