

JULY 2020

NEWSLETTER

"BACK TO ACTIVE"



Hi All!

I know I'm getting in early here, but WELCOME BACK!! We're so excited to now only be a few short weeks away from our Term 3 re-start. Like all Tasmanians, we're very grateful that our State is currently 'Covid-free', and we'll be doing everything in our power to make sure our return in getting 'back to active' means our participants, volunteers, program partners and staff can all 'play' safely.

Like all sport and rec groups, we have new rules to follow. See our 'Do and Don't' lists here in the newsletter — and some different guidelines for different activities. We know these will be embraced quickly. And, by the way — if you would like to see a copy of our Organisation Covid Plan, it's on our website or available through the office.

Speaking of Covid, it would come as no surprise to hear that we have made the decision to postpone our 2020 'New York, New York' Gala which was to be held in August. Operating without a major fundraiser or Cycle Challenge this year (on top of the end of block funding) certainly puts New Horizons under unprecedented financial pressure— so we are very grateful to the Federal Government for extending our MUSTER grant for a further 9 months as a part of their Covid Relief package. We are also enormously grateful to the families, small businesses and organisations who have made lovely EOFY donations — thank you so very, very much— you make such a difference to what we are able to do!

So, you might be wondering, what have the staff and board of NHT been up to while programs have been online and in recess? Lots of things, is the answer! As well as managing our program recovery plan, we've been hard at work on some critical projects including our transition to becoming an NDIS service provider and launching an extensive new Work Health and Safety plan. Another major piece of work has been the implementation of our incredible new database. It's actually so much more than a database — you'll certainly notice a new level of efficiency in all your dealings with us very soon!

Before I sign off, something really important to mention before we kick-off is that every single person who participates in Term 3 is required have up to date NHT membership. The office has been contacting people who still owe their fees for 2020 — please make sure they're paid to avoid disappointment. If your membership isn't current, then you (and we) are not covered by activity insurance and we would be crushed to have to turn people away from programs.

The count down to July 20th has begun— see you very soon!

Edwina and team 😊



A shout-out to Hudson Civil! We're now more than half way through 2020 — and we'd like to take time out to express our ongoing appreciation for New Horizons platinum sponsor, Hudson Civil! Hudson have been quietly supporting New Horizons for almost a decade. They give without asking anything in return — and their generosity has meant that we have had been able to invest in some major activities that wouldn't have been possible under other circumstances. Sending our gratitude to Michael, Frances and Ken Hudson, their family and team — a very important part of our New Horizons family!

New Horizons Office is now open Monday to Thursday 10am - 2pm

8th *Angus McKenna, Gerard Little, Kate O'May, Helen Bingley*

10th *Leanne Arnott*

11th *Sue Bowen*

12th *Ethan Radford*

13th *Tim Beattie*

14th *Reg Terry, Joel Corbett, Gerard Binns*

17th *Chloe Hansson*

20th *Jakob Lovegrove, Alice Oldham*

23rd *Phillip Broad*

24th *Connor Sheppard*

26th *Filipe Curle*

28th *Jordan Irwin*

29th *Angela Williams*

30th *Sharon Broad, Clare Martin*

31st *Minna Blaney, Dale Edmunds, Liam Kitson, Lucie Johnson*

JULY BIRTHDAYS



Ready - Steady - Go!

Term 3 Activities - North

Monday 20th July

Fitness/Gym - MyGym (time to be confirmed)

Boccia - Max Fry Hall 12.30-2.30 pm

Rebound Therapy - PCYC 5-6pm

Tuesday 21st July

Craft - NHT rooms 10-11.30am

Woodwork - LCGS 10.15-11.30am

Song & Dance - Melissa Wimmer Dance Studio 1-2pm

Taekwondo - Newstead College 6-6.30pm

Wednesday 22nd July

Swimming (Lanes) - Launceston Aquatic 5-6pm

Southern Club AIC 4-5.30 pm \$5 pp

Thursday 22nd July

**** NEW **** Choir - NHT activity room 3.30-4.30pm

Please call the office to book a spot!

Tuesday 28th July

Junior Song & Dance - NHT activity room 4-5pm

To be confirmed soon -

AFL - NTCA Ground 4.30-5.30pm

Social Bowls - NHT activity room 10.30-12noon

**** Please call the office 6326 3344 to confirm which activities you want to attend to help us to ensure we all "Play safe"! ****



Please note the following activities will hopefully return later in the term:

- Basketball
- Tennis
- Soccer/Futsal
- Golf
- Program pool 6pm session

***** North East and North West Activities will return as soon as possible *****

To prevent the transmission of COVID-19 among members, coaches, officials, volunteers, staff, families and the wider community we ask all members to follow these arrangements-

Do

- keep 1.5m from other members & your coach
- get to your session on time
- leave straight after your training/activity is finished
- bring your own water bottle
- wash your hands before or when you arrive
- use hand sanitiser when you arrive and before you leave
- cough or sneeze into your elbow

Don't

- don't go to training or your activity if you are unwell
- don't share your drink bottle with anyone else
- don't sneeze or cough into your hands
- don't hug, shake hands or high five anyone
- don't touch your eyes, nose or mouth
- don't arrive at training/activity too early
- don't hang around after training/activity



As part of our return to active we encourage everyone from our community to download the COVIDSafe app.

FROM THE SOUTH

Stuart Schultz

Wednesday 22nd July is 'the kick off' day for activities in the South! What a relief it will be to be back into it! Please make sure your membership is up to date and the cost is \$5 for the session at AIC, 83 Federal St, North Hobart.

Our NEW activities at Youth Arts & Recreation Centre (Youth ARC) are still in the planning stages. As soon as the final preparations are complete we will let you know what's available.

ZOOM Sessions - join Stu for the final 2 sessions!

Wednesday 8th & 15th July 4pm



Tune in for a very popular session online with special guests - who will it be???

New Horizons has a very important question to ask all our members...

Are you on an NDIS plan?

We'll be calling soon to ask you this, and to have a chat about how your New Horizons activities could fit in with your next NDIS plan.

Thanks so much for starting to think about this!

A new partnership for NHT with Roff House at Launceston Grammar!

Psst... exciting news! In Term 3, you'll be hearing about a lovely new partnership between Roff House at Launceston Church Grammar School and New Horizons. Thanks so very much to Monique Austen and the Roff House Captains Lucy and Brad, who visited New Horizons to discuss some ideas for joint activities, as well as to make a donation of some gardening and kitchenware vouchers (just what we need 😊). We're very grateful to have been approached by this terrific bunch and can't wait to get together and see new friendships bloom!

'Farewell Lucy'

All at New Horizons wish our former admin assistant Lucy Glover best wishes, as she takes on new work challenges and more time to dedicate to her very busy life with four children and their beloved horses.

Lucy departed New Horizons during our shut-down and will be missed by her many friends at the club.



Dinner Club
Thurs 23 July 5.30 pm
Steve's Grill

Call the office to book your spot
6326 3344!

Athlete Development
recommences

Wednesday 22nd July

with Jacinta Hall - meet at
L'ton College 4.15-5.30pm.

Newcomers most welcome!

As this is not a NHT activity
contact Jacinta for queries.

Mid-winter thank you's!

Thank you so much to the Evandale Rotary Club, Up Loans, Engineering Plus and Wayne Manion Plumbing for their wonderful donations! There have also been several generous donations from individuals and families who wish to remain anonymous- thank you very much xx



Our thoughts are with
Saskia, Alvaro, Alex &
Carolina Ascui on the
recent passing of
Saskia's Father.