

## CEO'S REPORT

Deck the halls, team 😊

Welcome to that wonderfully busy first month of summer! It's the month where— between the concerts, list-making, gift shopping, and finishing our work—we make the time to come together. We enjoy happy gatherings with friends, teammates, colleagues and family right across December — so, despite the exhaustion, it's definitely our favourite time of the year!

At NHT, we're so looking forward to our Song and Dance end-of-year performance and Christmas BBQ with the Rotary Club of Launceston—as well as all the individual group get-togethers. It's lovely to share good times with friends before heading off for our big break!

While we're away, Ruth will be 'Down South' working at the Hobart International Tennis Tournament, then during the first week back in February, NHT will be at the Launceston International. We're so grateful for our fantastic partnership with Tennis Tasmania and can't wait to again be a part of their action.

Our Tasmanian cricketers will also be off in early January to Geelong to do us proud in the Nationals (the team is announced inside this newsletter). Congratulations to all of the players and also to Cricket Australia who continue to lead the way in supporting representative athletes in inclusive sport. Thanks so much to Coach Liam Devlin, who year-in, year out, drives this fantastic experience for NHT athletes.

Now- we have wonderful news to share with you all. Belinda (AKA 'Boss') has welcomed the most beautiful baby boy, Harrison John. Congratulations to Bee, Nathan and big sister Floss— we can't wait to meet little Harry!

On behalf of Belinda and our staff, I'd like to express heart-felt thanks to you ALL. To our amazing athletes and participants— wow. We're in awe of your progress, achievements, determination and teamwork. You are true legends. To our families, volunteers and supporters— there are no words for what you continue to give to New Horizons and our athletes. Thank you so much!

Just like other years, we won't have a newsletter in January, so we'll be back in February with all the new year activities for term 1.

Have a lovely, safe and restful holiday period— we're looking forward to a huge 2020 at NHT — so make sure you rest up in preparation.

Happy Christmas to all!

Edwina and the NHT team.



THURS 12th DEC  
4.30 PM - 7.30 PM



Please join us for our  
Christmas BBQ!

292-294 INVERMAY RD MOWBRAY  
RSVP BY: FRIDAY 6TH DECEMBER 2019

PLEASE NOTE: For safety reasons parking is not available in the club carpark on the night. Parking is available in the Streetwise car park next door.

Please bring a salad or dessert to share -  
meat and soft drinks supplied

KRIS KRINGLE  
If you wish to participate in Kris Kringle and  
receive a special gift on the night please pay  
\$5 to the office by Friday 6th December.

We hope to see you at the Christmas barbeque taking place in our beautiful Rotary Garden space! Bring yourselves and a salad OR a dessert per family please.

Please park in the Streetwise Developments carpark to keep our carpark free for festivities. IF you need to make other arrangements please call the office by Friday 6<sup>th</sup> December.

**PLEASE NOTE:** If you wish to take part in the Kris Kringle, please let the office know and forward **\$5 per person by Fri. 6<sup>th</sup> December**. Can't wait to see you!



#### Office hours

Mon, Wed & Thurs 9.30 am – 4 pm  
Tues 9.30 am – 5 pm (4pm in the holidays)  
Wed & Fri 9.30 am – 3 pm  
Please contact the office if you need to make appointment times outside of these hours.

The office will close on Thursday 19<sup>th</sup> December and reopens on Monday 13<sup>th</sup> January.

#### Meetings

All meetings held at New Horizons Tasmania - 292-294 Invermay Road, Mowbray

#### Board meeting

Monday 20<sup>th</sup> January 2020 at 5.30 pm

#### Save the date

Sun 8<sup>th</sup> December Song & Dance Concert  
Thur 12<sup>th</sup> December **Christmas BBQ**  
4.30 -7.30 pm

#### 2020

Fri 14<sup>th</sup> February Awards Night  
Sun 22<sup>nd</sup> March Western Tiers Cycle Challenge

To stay up to date with NHT news –

LIKE US ON FACEBOOK 

## Annual General Meeting

We welcome back our fantastic Board members and are excited to announce the appointment of a new Board member to represent the South of the state, Penny Nicholls. Penny is highly experienced and a passionate supporter within the inclusive sports space and we welcome her to the NHT family. The first Board meeting for 2020 will be held on Monday 20<sup>th</sup> January.

Thanks to all the members of our community who attended the AGM. It was a night of celebration of the continuing growth of our organisation, as well as the achievements of our members.

### Membership Fees for 2020

Membership Fees for 2020 have been set by the Board for as follows,

Adult \$34 Junior (14 – 16 years) \$27 Family \$60 School/Group \$60 (per term)

All memberships are due from 1<sup>st</sup> January 2020.

### Tennis anyone?

**A great opportunity for YOU at the Launceston International Tennis Tournament!**

If you will be in Launceston between 3<sup>rd</sup> – 9<sup>th</sup> February 2020 and are keen to offer a few hours, or even a few days to help **PLEASE CONTACT THE OFFICE**.

Volunteers will be provided with food-drink allowance/voucher each day as well as a shirt. New Horizons Tasmania is once again the Tournament's Charity partner.

### Board Games Night

Saturday 7<sup>th</sup> December 6.30 – 9.30 pm at the New Horizons Clubrooms

Come along for a social fun night with friends and family – supper provided!

Cost is \$4 per person or a gold coin donation & bring a plate of nibbles to share.



## SPORTS SCHEDULE 2019

*New Horizons supports participation in sport and recreation as a way of encouraging a healthy lifestyle.*

<b>New Horizons Tasmania – North</b>				
	<b>Last session for 2019</b>			
Boccia	Mon 2 <sup>nd</sup> December	12.30 - 2.30 pm	Max Fry Hall, Trevallyn	\$4.00
Basketball	Sat 7 <sup>th</sup> December	9.30 – 10.30am 10.30 – 11.30am	Queechy High School Gym	\$3.00
Craft	Tues 10 <sup>th</sup> December	10.00 - 11.30 am	NHT Clubrooms	\$5.00
Cricket	Wed 11 <sup>th</sup> December	4.00 – 5.30 pm	Indoor nets, NTCA	\$3.00
Dance Movement	Thurs 12 <sup>th</sup> December	10.00 – 11.00 am	New Horizons Clubrooms	free
Fitness Class	Mon 16 <sup>th</sup> December	11.00 to 12 noon	MY Gym	\$5.50
Golf	Mon 9 <sup>th</sup> December	1.30 pm	Launceston Country Club	\$6.00
Rebound Therapy (Gymnastics/Trampolining)	Mondays	5.00 - 6.00 pm	PCYC	\$12.00
Soccer/ Futsal	Tues 10 <sup>th</sup> December	4.15 - 5.15 pm	Newstead College Gym	\$3.00
Social Bowls	Wed 27 <sup>th</sup> November	10.30 to 12 noon	New Horizons Clubrooms	\$3.00
Song and Dance	Tues 3 <sup>rd</sup> December	1.00 - 2.00 pm	Melissa Wimmer Studio	\$4.00
Junior Song & Dance	Tues 3 <sup>rd</sup> December	4.00 - 5.00 pm	New Horizons Clubrooms	\$3.00
Swimming	Tues 10 <sup>th</sup> December	5.30 - 6.30 pm(lanes) 6.30 – 7.30 pm	L'ton Aquatic Centre	\$5.50
Taekwondo	Tues 10 <sup>th</sup> December	5.40 - 6.15 pm	Newstead College	\$5.00
Tennis	Wed 11 <sup>th</sup> December	4.00 – 5.00 pm	Australian Italian Tennis Club,	\$3.00
<b>NHT - North East Program</b>				
Activities	Christmas break-up Fri 6 <sup>th</sup> December		Scottsdale Community House	
<b>NHT - North West Program</b>				
Activities	Last session Wed 11 <sup>th</sup> December		Wynyard High School	\$5.00
<b>NHT - South Program</b>				
All Abilities Tennis	Tues	In recess	Domain Tennis Centre	\$3.00
Southern Club	Last session Wed 11 <sup>th</sup> December		AIC, 83 Federal St, North Hobart	Free
Cricket	Last session Mon 9 <sup>th</sup> December		TCA Ground Indoor Centre, Davies Ave, Queens Domain	\$3.00

### New Members

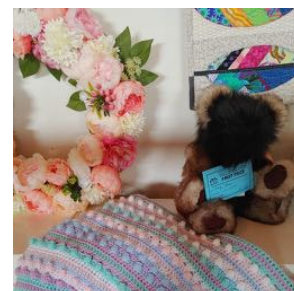
New Horizons Tasmania welcomes and encourages new members. Applicants are – Thomas Johnson, Joel Corbett, Debbie Pretzman, Lucie Johnson & Colleen French (Volunteers), Blake Bonnitcha, Zeb Hovington and Felicity Warren. If any member having just cause why any of the above applicants should not be inducted into the club, they must advise the Public Officer (Belinda Kitto) in writing no later than FRIDAY 13<sup>th</sup> December 2019 to New Horizons Tas, PO BOX 49 Mowbray 7248 or dropped into the office. Without any objections, these members will be inducted into the club and advised accordingly.

### North East News – Vicki Forsyth

These are some of the winning photos of members that entered into our local show. Amanda was in the handcrafts and Sally and Emma [her offsider] in the equestrian events along with other members entering in various other activities.

We are having our Christmas break-up at the Community House commencing at 5pm on the 6<sup>th</sup> of December.

Our group wishes all members, families and friends a safe and Happy Christmas and New Year.



## Southern News – with Stuart Schultz

### (Southern Sport & Recreation Coordinator)

What a year it has been in the South of our great state! We have continued with varying weekly activities with new members again rolling in, in the lead up to the new year. We have recently been having a go at table tennis with thanks to Peter at the Clarence Sports Centre – such a great sport and once again, plenty of surprise packets with regards to talent!



It was great to start November off with this season TavTas Inclusion Shield match held at the Trevallyn Cricket Club, who we thank again for their hospitality and support of our organisation. We had a big spectator base and plenty of cricketing talent on display coming from players right across the state.



On behalf of NHT South, we wish everyone a safe and happy Christmas and New Year. We will be taking a break from activities across the school holiday period and will return into Term 1 2020 with some great activities!

### 2020 NCIC Team

Congratulations to those who have been selected as part of the Cricket Tasmania representative side, supported by New Horizons Tasmania, to play at the upcoming National Cricket Inclusion Championships in Geelong in January. The team is as follows:

Alan Dengate  
Jordyn Blizzard  
Blake Bonnitcha  
Alex Cort

Justin Nilon  
MJ Parbs  
Zeb Hovington

Connor Sheppard  
Tyson Parbs  
Scott Crowden

Craig Blaschke  
Joel Corbett  
Hayden Hill

We have 5 new players selected this season — it is great to welcome these fresh faces to our side from across the state! The opportunity to play representative sport for your state is an honour that all athletes will embrace with the same passion and sportsmanship that they have shown at training and in other sports. Cricketers, when you step out onto the pitch you are not only representing your state, you are representing Cricket Tasmania, New Horizons Tasmania, and most importantly yourself! Good luck team!

### Invitation to sing on ABC Radio in Launceston!

To all members of New Horizons Tasmania to join in Maryann Keach's Christmas Choir at the ABC. Singing will be during a live session on Monday 23<sup>rd</sup> December at 9.15am sharp. At the ABC Studio - 45 Ann Street, East Launceston (St. George's Square). Duration is approximately 1 hour.

Please reply to the office (ph. 6326 3344) if you want to join the choir on this occasion by Tuesday 3<sup>rd</sup> December.



## Craft News – from Ruth & Janice

Christmas projects are in full swing in our Tuesday group of 22! We will celebrate a wonderful year at our final session on Tuesday 10<sup>th</sup> December with morning tea. A huge THANK YOU to all our helpers this year – Tess Rae, Maureen Roberts, Kelly Binns, Beth Grayston, Colleen, Brian Abey, Chris Symons, Helen Bingley, Nick Hansson and the LCGS students, we could not have done it without you all! Check out our Christmas bits and our proud smiles!



## Dinner Club

Our last catch-up of the year was attended by Nicole and Donna, Dean, Donna West, Elly and Debbie, Ruth, Carolina and Saskia. It was a busy Friday night at the Riverside Motel, and we enjoyed chicken Parmies and naughty desserts.

There will be no Dinner Club in December and January, but we are looking forward to seeing you all in February 2020! Any suggestions for venues are welcome. Just ring the office with your request. Volunteers and family members are very welcome to join us.



## Boccia Nationals

A team of three players went to the Boccia Battle/Nationals in Brisbane from 1<sup>st</sup> – 4<sup>th</sup> November. The games were played over 4 days, with teams, pairs and individual matches. Our players are going from strength to strength: Minna Blaney did well with playing all the way up to a Bronze medal playoff in the individual semi-finals. Nic Milner (together with John Richardson (VIC) and Amanda Langton (WA) won a Bronze medal in the BC1/2 teams, a wonderful result. Carolina Ascui also managed to win one of her matches. Our coach/referee Ro Blaney was given a special accolade for her hard work and dedication to the sport. Ro also finished her Level 2 exams during the nationals and is now an official national referee. We are looking forward to the Nationals in 2020, which will be held in Hobart!



**Coaches** – we need your nominations for Champion and Merit Awards for 2019 calendar year by Tuesday 17<sup>th</sup> December. Please email your nomination to the office [info@newhorizonstas.org.au](mailto:info@newhorizonstas.org.au) Keep your eye out for your nominations over the final sessions of the year.



## Exciting new Support & Respite Business in Launceston!

Angus Kidd is a highly experienced support worker and long-time friend of New Horizons Tasmania (as well as many of our members)— and we're delighted to see him open a new independent care and respite business working with people with **self-managed plans**. It's called 'Captain Kidd Retreats'!

**Respite clients** will enjoy weekend time at a Low Head beach house, beach-combing, fishing, shopping for food, cooking (if you want!) trips to the George Town pool, as well as board games and movies on those rainy days. Angus will take just two clients per trip (or three under special circumstances where everyone knows each other), to ensure tailored, enjoyable, memorable experiences.

**Day support clients** will immerse themselves in 'farm time'— tending to animals and small crops as well as taking part in town activities on wet days.

Angus is also providing mentoring, where, so far, he has spent time mountain-biking, fishing and hiking with clients— Angus is happy to spend time taking part in whatever activities his clients enjoy and is open to suggestions.

Currently all of these services with Angus are **only open to males**, however he will be partnering with a terrific, highly experienced and recommended female support worker who will conduct girls respite weekends.

For all expressions of interest in Captain Kidd Adventures bookings for 2020 and questions, email [captainkiddretreats@gmail.com](mailto:captainkiddretreats@gmail.com) or call Angus direct on **0429 847 292**.



## NEW HORIZONS 2020 CALENDAR - \$20 each



New Horizons 2020 Calendars will be on sale shortly at \$20 each! There will be just 50 available, so please let the office know, or comment here if you would like us to reserve you one. Collection will be mid-December (or at the Christmas Barbeque).

## Taekwondo Award

Chugg & Flanagan Taekwondo Club held their annual Awards Dinner on the 15<sup>th</sup> November and Hannah Syms received the Instructor's Award for 2019. This award is given for an individual who *Respects others; Supports Fellow Students and has an Outstanding approach to training*. Congratulations Hannah!



Social Bowls concluded today with a great display of bowling prowess and a fabulous morning tea!

Many thanks to Reg & Joy Terry and Maureen Roberts for their support once again this year. The crew can't wait to get bowling again in 2020 😊

## December 2019 & January 2020

MON	TUE	WED	THUR	FRI	SAT	SUN
<b>2</b> Gym/Fitness Boccia Golf Gymnastics Sth Cricket training	<b>3</b> Craft Song & Dance Futsal Junior Song & Dance Taekwondo	<b>4</b> Cricket NW Program South Program	<b>5</b> Dance Movement	<b>6</b> NE Christmas Party	<b>7</b> Launceston Christmas Parade  Board Games night 6.30 pm	<b>8</b> Song & Dance Concert 2pm
<b>9</b> Gym/Fitness Golf Boccia lunch Gymnastics	<b>10</b> Craft Futsal Taekwondo	<b>11</b> Cricket NW Christmas Party South Program	<b>12</b> Dance Movement Christmas BBQ	<b>13</b>	<b>14</b>	<b>15</b>
<b>16</b> Gym/Fitness	<b>17</b>	<b>18</b>	<b>19</b> Office closes	<b>20</b>	<b>21</b>	<b>22</b>
<b>23</b>	<b>24</b>	<b>25</b> Christmas Day	<b>26</b> Boxing Day	<b>27</b>	<b>28</b>	<b>29</b>
<b>30</b>	<b>31</b>	<b>1<sup>st</sup> January</b> New Years Day	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>13</b> NHT office reopens  NCIC Cricket Tournament commences  Hobart International Tennis	<b>14</b> Hobart International Tennis	<b>15</b> Hobart International Tennis	<b>16</b> Hobart International Tennis	<b>17</b> NCIC Cricket Tournament finishes  Hobart International Tennis	<b>18</b> Hobart International Tennis	<b>19</b>
<b>20</b> Board meeting	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>27</b> Long weekend	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1 Feb</b>	<b>2</b>

Building Inclusive Opportunities through  
Sport & Recreation

**PO BOX 49  
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[www.newhorizonstas.org.au](http://www.newhorizonstas.org.au)

Address Address  
Address Address Address

## CLUB NEWS ...PEOPLE ...PLACES

### December 2019 Birthdays

1 <sup>st</sup>	Connor and Alex Riley	
2 <sup>nd</sup>	Joy Terry	
3 <sup>rd</sup>	Darrin Geard	Kiara Lavin – 21!
4 <sup>th</sup>	Linda Cox	
7 <sup>th</sup>	Mitchell Mansell	
8 <sup>th</sup>	Brendan Fish	
10 <sup>th</sup>	Brian Abey	
11 <sup>th</sup>	Vincent Hall	
12 <sup>th</sup>	Xavier Bartninkaitis	
13 <sup>th</sup>	Davinia Hart	
15 <sup>th</sup>	Jade Radford	Ryan Stott
16 <sup>th</sup>	Bronte Hart	
17 <sup>th</sup>	Felicity Poke – 50!	
22 <sup>nd</sup>	Patricia Young	
26 <sup>th</sup>	James Fisher	Ashley Smith
28 <sup>th</sup>	Sam Marthick	Phil Moir
31 <sup>st</sup>	Jo O'May	Padam Magar

### Get Well

We wish Colin Watkins a speedy recovery from his recent surgery.

### Sympathy

Our thoughts are with Reg & Joy Terry on the recent passing of Reg's Brother George.



### January 2020 Birthdays

1 <sup>st</sup>	Suk Magar	Bhim Magar
2 <sup>nd</sup>	Glenn O'Brien	
3 <sup>rd</sup>	Thomas Johnson	
4 <sup>th</sup>	Helen Martin	
7 <sup>th</sup>	Amy Young	Isaac Gratton
8 <sup>th</sup>	Jacque Spencer	Maryann Keach
9 <sup>th</sup>	Nic Carter	Annette Devine
10 <sup>th</sup>	Elly Thompson	
13 <sup>th</sup>	Kaye Drinkwater	
14 <sup>th</sup>	Katrina Bartninkaitis	
15 <sup>th</sup>	Justin Nilon	Joanne Wallace
18 <sup>th</sup>	Denise Young	
22 <sup>nd</sup>	Puneet & Nonadini Kashyap	
	Claire Colgrave	
23 <sup>rd</sup>	Chris Meale	Joshua Lowe
26 <sup>th</sup>	Jenny Dell	



THANK YOU TO MICHAEL FERGUSON MP AND HIS OFFICE FOR  
THE PRINTING OF OUR NEWSLETTER ☺