

CEO'S REPORT

Hello there Winter, old friend. We're ready for you!

Our footy players are prepping, our roof in the activities room is newly insulated, the kettle is on.... and we're still swimming, dancing and keeping warm with all the usual New Horizons fun!

I'm feeling warm and fuzzy at the moment seeing so many new memberships rolling in. We have had an especially big uptake recently from the Southern and North-West regions. A big welcome to every single new member— we're thrilled to have you as a part of our New Horizons family and we hope you love being involved.

As we grow, we still face an uncertain financial future. This year for the first time, we are running an EOFY (end of financial year) mail appeal. If you know of any businesses or individuals who might like to consider New Horizons for a tax-time donation, who we can forward information to, please get in touch and let us know. We'll have some spare letters in the office if anyone would like to grab one or a few.

Also, do you know anyone who might be interested in contributing to the important work of the New Horizons Board? NHT will be recruiting for new board members with two of our wonderful volunteers reaching the end of their term in November. If you'd like to chat further about this opportunity, please contact me.

Now, as for this month, we have SO much going on!

I'd like to wish our AFL players the best of luck in their trials – keep an eye out for the announcement of the 2019 Tasmanian Rep AFL Team soon.

We're launching our new Strategic Plan and to celebrate, you're all invited to join us for the morning - see inside for details.

And - we're super excited to be launching a new partnership with atWork Australia. You'll be hearing a lot more in the coming months about the potential opportunities this brings to our members who would like to explore appropriate employment with expert support, endorsed and supported also by New Horizons.

Keep warm, see you soon!



Belinda Kitto
CEO



Thursday 20th June 2019

Mowbray Hotel

254 Invermay Road, Mowbray



NEW HORIZONS FUNDRAISING GALA 2019

Save the Date!

Saturday 17th August 2019

NHT OFFICE HOURS

Weekdays 10 am – 3 pm
Admin Staff hours

Mon & Thur Ruth 9.30 am – 3 pm
Tues Saskia 9.30 am – 5 pm
Wed & Fri Lucy 9.30 am – 3 pm

Please contact the office if you need to make appointment times outside of these hours.

Meetings & Venues

All meetings held at New Horizons Tasmania, 292-294 Invermay Road, Mowbray

New Horizons Tasmania Board

Monday 15th July 2019 at 5.30 pm



SPORTS SCHEDULE 2019

New Horizons supports participation in sport and recreation as a way of encouraging a healthy lifestyle.

<i>Activity</i>	<i>Program</i>	<i>Day</i>	<i>Time</i>	<i>Venue</i>	<i>Cost</i>
New Horizons Tasmania – North					
AFL	NHT	Mon	4.30 - 5.30 pm	NTCA ground	\$3.00
Boccia	NHT	Mon	12.30 - 2.30 pm	Max Fry Hall, Trevallyn	\$4.00
Craft	NHT	Tues	10.00 - 11.30 am	New Horizons Clubrooms	\$5.00
Cricket	NHT		In recess		\$3.00
Dance Movement	NHT	Thur	10.30 – 11.30 am	New Horizons Clubrooms	free
Fitness Class	NHT	Mon	11.00 to 12 noon	MY Gym	\$5.50
Gymnastics	NHT	Mon	5.00 - 6.00 pm	PCYC	\$12.00
Indoor Bowls	NHT	Thur	4.30 - 5.30 pm	New Horizons Clubrooms	\$3.00
Running Group	NHT		In recess		Free
Soccer/ Futsal	NHT	Tue	4.15 - 5.15 pm	Newstead College Gym	\$3.00
Social Bowls	NHT	Wed	10.30 to 12 noon	New Horizons Clubrooms	\$3.00
Song and Dance	NHT	Tue	1.00 - 2.00 pm	Melissa Wimmer Studio	\$4.00
Junior Song & Dance	NHT	Tue	4.00 - 5.00 pm	New Horizons Clubrooms	\$3.00
Taekwondo	NHT	Tue	5.40 - 6.15 pm	Newstead College	\$5.00
Basketball	NHT	Sat	9.30 – 10.30 am 10.30 – 11.30 am	Queechy High School Gym	\$3.00
Golf	NHT	Mon	In recess		\$6.00
Swimming	NHT	Wed	5.30 - 6.30 pm 6.30 – 7.30 pm	Launceston Aquatic Centre	\$5.50
Tennis	NHT		In recess		\$3.00
NHT - North East Program					
Activities	Mon		4.00 – 5.30 pm	Scottsdale stadium	
NHT - North West Program					
Activities - Taekwondo	Wed		5.00 – 6.30 pm	Somerset Primary School	\$5.00
NHT - South Program					
All Abilities Tennis	Tues		4.00 – 5.00 pm	Domain Tennis Centre	\$3.00
Southern Club	Wed		4.00 – 6.00 pm	AIC, 83 Federal St, North Hobart	Free
AFL	Mon		4.30 – 5.30 pm	KGV Oval, Glenorchy	\$3.00
Launceston College Program all enquiries to L'ton College. 63327777					
Athlete Development	Jacinta Hall	Wed	4.00 to 5.30 pm	Meet at Launceston College Gym	-

NHT Memberships are now overdue

Family \$55.00 Individual \$32.00

Junior (14 – 16 yrs) \$26.00

U14 members are required to have a family membership due to club governance

(Non-financial members will **not** be covered and therefore **cannot participate**). Payment may be made at the NHT Office in person or by direct deposit.

To stay up to date with NHT news –

LIKE US ON FACEBOOK



New Members

New Horizons Tasmania welcomes and encourages new members. This month's applicants are Craig Blaschke, Jeremiah Lowe, Liam O'Sullivan, Aviannah Parker & Brittany Perkins, Callum Ring, Marcel Kersenboom (Volunteer), Priyanka Chadha (Volunteer).

If any member having just cause why any of the above applicants should not be inducted into the club, they must advise the Public Officer (Belinda Kitto) in writing no later than FRIDAY 15th JUNE 2019. Mail can be directed to New Horizons Tas, PO BOX 49 Mowbray 7248 or dropped into the office. Without any objections, these members will be inducted into the club and advised accordingly.

North West News with Lyndall Hall

Filipe Curle received his 'North West Allrounder' Award recently - well done Filipe!

Taekwondo is the activity of choice this term on the Coast. Check out Curtis (yellow) and Thomas practising their high kicks. Any athletes that want to order a polo top please see Lyndall as soon as possible to place your order.



North East News with Vicki Forsyth

Our last few weeks have been focused on fine and gross motors skills with exercise and ball skills from passing, throwing and bouncing, also a game of basketball 5 x 5 with the more advanced members, whilst the younger members practiced some shooting skills.

We had our first all day trip for the year to Launceston visiting the Tenpin Bowling centre and enjoyed lunch on the way home. Twenty-two members, carers and volunteers were present on the day and we must admit that the members out-bowled the carers and volunteers! Over the coming weeks we will be back at the indoor stadium improving on skills and mobility.



June Schedule

June 3 rd	Stadium 3.00 – 4.30 pm
June 10 th	Long weekend – no activities
June 24 th	Airtime – Launceston, meet at Community House at 9.00 am
July 1 st	Stadium

Keen to order some of the new NHT Merchandise?

The next round of orders will open on Monday 11th June and closes 2 weeks later on 25th June. So head to <http://tmicon.com.au/shop-clubs/new-horizons/> to order starting on the 11th June. Items include hoodies, pants, hats, shorts, t-shirts etc. Thanks to ICON Sports Tas for the great items!



Southern News – with Stuart Schultz

April was another busy month for the NHT team in the South of the state with new members welcomed to the team, AFL sessions and Wednesday multi-sport activities continuing along. We were lucky to have the *Ultimate Frisbee Australia* team visit the state and deliver a fantastic session – we had some very skillful participants and I sense an upcoming NHT state ultimate frisbee challenge on the cards into the future! Thanks to Nick from YMCA Golf and Joel from Glenorchy FC for their continued support of our current programs, and also to Debbie McKibben for running a fantastic session whilst I was on leave!

Upcoming, we are excited to be partnering with Tennis Tasmania for an inclusive program, which will begin on Tuesdays from the 28th May. If the 'come and try' session facilitated by Fairlie and Olivia at Tennis Tasmania are any indication, these sessions will be fun, interactive and exciting – we can't wait!

As always, if you know anyone who would like to support our Southern programs (prospective sponsors, volunteers and participants), please be in touch with me at stuart@newhorizonstas.org.au. We are building some momentum down here and we'd love it to continue!

Stuart Schultz

Southern Sport & Recreation Coordinator

ALL ABILITIES TENNIS!

STARTS TUESDAY 28TH MAY
& WILL CONTINUE EACH
TUESDAY 4:00PM-5:00PM
DOMAIN TENNIS CENTRE
2 DAVIES AVE, GLEBE
COST: \$3 PER SESSION

**A TENNIS TASMANIA AND NEW HORIZONS
TASMANIA PARTNERSHIP - THIS INCLUSIVE
DISABILITY-FOCUSED TENNIS PROGRAM IS FOR
ALL AGES AND ABILITIES!**

For details and to register:

Stuart Schultz (New Horizons Tasmania)
E: Stuart@newhorizonstas.org.au
Ph: 0428 482 967

Olivia French (Tennis Tasmania)
E: Olivia.French@Tennis.com.au
Ph: 03 6108 8200

new horizons
TASMANIA

tennis

High Tea Fundraiser – thankyou Robyn!

Thanks so much to everyone who came to the beautiful High Tea! Thank you also to the wonderful businesses and individuals who donated the AMAZING food, drinks and prizes.

A huge vote of thanks to Scotch Oakburn College for the brilliant venue, to the Boarders for their wonderful waiting service, to the very talented Kim Roe School of Dance dancers for the entertainment and MOST OF ALL to Robyn Ockerby, Phillipa Stackhouse, Debbie Scott, Maree Bauld, Jo Housego and Paula Szabo who created and hosted a magnificent event to support New Horizons! As you can see, beyond grateful. Over \$7000 was raised for NHT – amazing!



National AFL Inclusion Carnival

This year the National Carnival is being held in Blacktown Sydney from 15th to 20th July. Our AFL athletes are currently training hard, with selections looming this month for the Tasmanian Team. The team will be featured in next month's newsletter – stay tuned!

Statewide selection – Sunday 2nd June 10 am – 12 noon Campbell Town.



Our last Dinner Club was held at Rockin' Hot Pizza and it was a lively affair! Dean, Mel, Nicole, Chloe, Debbie, Elly, Carolina, Sidonie, Jarret and Jess all came and enjoyed pizza and drinks. After dinner the Karaoke started, and boy, there were some great singers! Everyone had a turn at singing their favourite song – with Chloe adding a dance routine to her song!!!

Our June Dinner Club will be held at the **Mowbray Hotel (254 Invermay Road, Mowbray) on Thursday 20th June at 6.30 pm**. Please ring the office to reserve your seat at the table.

We would like to include more members – if the day and / or venue don't suit you can you please let the office know and we will try other venues and days later in the year. Send us your suggestions – within the Launceston area please.



What's on at Craft and Woodwork

Funky plant holders – Thank you to our Woodwork Class and LCGS students for making these planters for a recent Mother's Day Fundraiser. \$20 per planter and a free succulent included – only 3 left!!!

Our 'Woodworkers' are now working on a project comprised of small and precise detail, a noughts and crosses game.

Meanwhile the Craft class completed their Suffolk puff decorated cushions and jewellery trees.



NEW HORIZONS TASMANIA
FUNDRAISER



Mother's Day 2019

Important Visitors

We were honoured to host Her Excellency Professor the Honourable Kate Warner, AC, Governor of Tasmania and Mr Richard Warner at the Club recently. Our guests enjoyed meeting members of our Craft group and hearing about their achievements.



New Dance Movement Program commencing 13th June

Dance for healing, happiness and fun for 1 hour on Thursday mornings 10.30 – 11.30 am, cost – free with instructor Amanda Calabro.



Dance for healing, happiness and fun is a movement program created to enhance the connection of one's mind, body and spirit, all while having fun within a supportive, safe environment. Call the office to book in now!

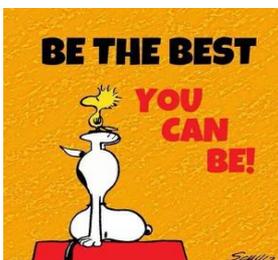
Ultimate Australia Frisbee

Thanks Dan and crew from *Ultimate Australia* for sharing your awesome game of Ultimate Frisbee with us – it was a blast and we can't wait to start a program. Anyone keen to volunteer let us know!



We enjoyed a lovely visit from some members of the Migrant Resource Centre last week. We look forward to them joining our activities in the future.

Good luck to Hayden Hill who is travelling to Sydney in June to train with the selected Australian Futsal squad!





End of Financial Year Donation

Whilst New Horizons Tasmania has secured funding from the Federal Government for the next 12 months, this will only cover one third of NHT's operating costs.

Therefore, we rely heavily on fundraising and donations to meet the shortfall in funding. If you would like to contribute so we can keep providing quality programs to our community please contact us.

All donations over \$2 are tax deductible.

Cheque

Please make cheques payable to:
New Horizons Tasmania
 & post to -
 PO Box 49,
 Mowbray, 7248

Electronic transfer

BSB: 017 542
 ACC: 261 308 433
 REF: please quote your name
 & email us to confirm your
 Contribution

Cash, credit or EFT

Cash payments are welcome at our office
 premises at 292 – 294 Invermay Road,
 Mowbray Tas 7248
 Mon – Fri: 9.30am - 3pm
 Ph. 03 6326 3344



Belinda and Dingo recently spoke to the Becks Group Managers meeting about the New Horizons organisation.

They are pictured here accepting a cheque for \$2,000 from the Becks Mitre 10 team from barbeques at their stores throughout the state.

THANK YOU Becks!

Introducing atWork Australia!

New Horizons is a place where we share and follow our hopes and dreams. This extends far from the sporting field, the stage or the activities room. We regularly have members visiting us at the office, talking about their aspirations of getting a job, seeking advice on putting together a CV, collating references and making potential contact with employers.

After many years of doing our best to informally support our job-seekers, we are thrilled to announce that we have entered a partnership with atWork Australia, a local Disability Employment Services provider who shares the same values as New Horizons.

atWork Australia support people with disability, injury or illness to identify their goals and aspirations, build skills and job-readiness, then support them through interviews and into employment. This process, quite simply, changes lives.

Interested Launceston members will soon have the opportunity to meet Beth, an incredibly experienced atWork representative who will come along to some of our activities and be able to answer any questions you might have about how YOU can get good, fulfilling work. Our Hobart members will have the same opportunities also.

We will be sending an email to all members soon with more information about atWork, this new partnership, and what it could mean for you. Do look out for it!



You are cordially invited to join us for
morning tea and the launch of the
NHT Strategic Plan by Patron Jim Wilkinson
at New Horizons Tasmania on
Friday 14th June at 10.30.

Please RSVP to the office by
Wednesday 12th June on 6326 3344

Fragile X High Tea Fundraiser

Sunday 21st July from 1.30 pm – 3.30 pm at Cataract on Paterson. Tickets are \$46.00 and available via www.eventbrite.com.



Our very own Duncan Rattray is producing some original woodwork pieces - check them out at 'Duncan's Rustic Designs' on facebook! All items available for purchase.



June 2019

MON	TUE	WED	THUR	FRI	SAT	SUN
					1 Basketball	2 AFL team selections
3 Gym/Fitness Gymnastics Boccia AFL NE Program South – AFL	4 Craft Song & Dance Futsal Taekwondo	5 Swimming x2 NW Program Athlete Dev. South Program	6 Indoor Bowls	7	8 Long weekend	9 Long weekend
10 Public holiday	11 Craft Song & Dance Futsal Taekwondo Merchandise orders open	12 Swimming x2 NW Program Athlete Dev. South Program	13 Dance Movement 10.30 am Indoor Bowls	14 Strategic Plan launch 10.30 am – all welcome	15 Basketball	16
17 Gym/Fitness Gymnastics Boccia AFL NE Program South - AFL	18 Craft Song & Dance Futsal Taekwondo	19 Swimming x2 NW Program Athlete Dev. South Program	20 Dance Movement Indoor Bowls Dinner Club 6.30 pm	21	22 Basketball	23
24 Gym/Fitness Gymnastics Boccia AFL NE Program South – AFL	25 Craft Song & Dance Futsal Taekwondo South – Tennis Merchandise orders close	26 Swimming x2 NW Program Athlete Dev. South Program	27 Dance Movement Indoor Bowls	28	29 Basketball	30

Providing sport & recreation opportunities
for people with disability

**PO BOX 49
MOWBRAY, 7248**

Phone (03) 6326 3344
Fax (03) 6326 3544
Email info@newhorizonsclub.org.au
www.newhorizonsclub.org.au

Address Address
Address Address Address

CLUB NEWS ...PEOPLE ...PLACES

June 2019 BIRTHDAYS

8 th	Bruce Devine
9 th	Keegan Gorringer, Matthew Burling
10 th	Samantha Smith, June Cox, Ray Wright, William (Liam) O'Sullivan
11 th	Thomas Smith
13 th	Duncan Rattray
14 th	Colby Withers
17 th	Brendan Poke
19 th	Kellie Phillips
21 st	Aran Miller
23 rd	Justin Marshall
25 th	Emily Aichberger
27 th	Karen Chick
28 th	Donna Johnson, Kim Swan, Hamish Mackay – turning 30!
30 th	Clayton Johnson



Condolences

Our thoughts and condolences are with Donna West on the recent passing of her beloved mother Merle, and with Maureen Roberts on the passing of her brother.



We also acknowledge the recent passing of Jay Watson. Jay was a talented dancer who worked with several of our members in collaborative local dance productions. Such a talented young man will be sorely missed.

GET WELL

Get well wishes to Nick Heames – we hope to see you back to full health soon and out on the basketball court again!

Congratulations to Nick Milner on his success at the Tasmanian Tenpin Disability Championships in Hobart in May, winning a silver medal. Well done Nick!



THANK YOU TO MICHAEL FERGUSON MP AND HIS OFFICE FOR
THE PRINTING OF OUR NEWSLETTER ☺