

ISSUE: July 2019

CEO'S REPORT

Warmest greetings to you all this chilly July.

Well, what do you know... we're crazy-busy again! It's almost AFL National Inclusion Carnival time and I'd like to wish all our Tasmanian players well, AND thank a small, dedicated group who have been busy fundraising around the state, filling buckets with coins at NTFA and AFL matches. We really do have the best volunteers around. They make so much possible!

Our members have been busy with sport AND socialising (a very healthy combination). Saskia and a crew of 24 had a wonderful Dinner Club date at the Mowbray Hotel— it was a lovely excuse to get out with friends on a cold winter's night – photos inside.

At the office we're well into the swing of Iceberg Swim and gala preparations (and all the while, waiting for the next round of NDIS ILC grants to open). Half of our 007 Bond Ball tickets have sold already but we're desperately in need of more prizes and auction items. If you can help with a donation, we'd be so grateful \bigcirc .

Now, you've probably heard that we have just launched a new five year strategic plan, to essentially give New Horizons Tas a 'road map' to ensure we can (a) achieve the best possible outcomes through sport and recreation for as many Tasmanians with disability as possible and (b) work with the wider community on becoming as inclusive as possible. And- some of you might be wondering why we have been working on this at a time of such financial uncertainty for the organisation. The reason boils down to this - we work in the 'for-change' sector - and we all know that the change New Horizons Tas creates and promotes is essential. So, we're moving towards ambitious, important goals with purpose and clarity.

Thank you so much for coming along for the ride!

Belinda Kitto CEO



NHT OFFICE HOURS

Weekdays 10 am – 3 pm Admin Staff hours

 Mon & Thur
 Ruth 9.30 am - 3 pm

 Tues
 Saskia 9.30 am - 5 pm

 Wed & Fri
 Lucy 9.30 am - 3 pm

Please contact the office if you need to make appointment times outside of these hours.

<u>Meetings & Venues</u> All meetings held at New Horizons Tasmania, 292-294 Invermay Road, Mowbray

New Horizons Tasmania Board

Monday 22nd July at 5.30 pm





TICKETS AVAILABLE: tix.yt/newhorizons007

Saturday, 17 August, 2019 Tailrace Centre, Riverside - 6.30pm

Raising vital funds for New Horizons Tasmania

SPORTS SCHEDULE 2019

New Horizons supports participation in sport and recreation as a way of encouraging a healthy lifestyle.

Activity Pro	gram I	Day Time Venue		Cost					
New Horizons Tasmania – North									
AFL	NHT	Mon	4.30 - 5.30 pm	NTCA ground	\$3.00				
Boccia	NHT	Mon	12.30 - 2.30 pm	Max Fry Hall, Trevallyn	\$4.00				
Craft	NHT	Tues	10.00 - 11.30 am	New Horizons Clubrooms	\$5.00				
Cricket	NHT		In recess		\$3.00				
Dance Movement	NHT	Thur	10.00 – 11.30 am	New Horizons Clubrooms	free				
Fitness Class	NHT	Mon	11.00 to 12 noon	MY Gym	\$5.50				
Gymnastics	NHT	Mon	5.00 - 6.00 pm	PCYC	\$12.00				
Indoor Bowls	NHT	Thur	in recess New Horizons Clubrooms		\$3.00				
Running Group	NHT	In recess			Free				
Soccer/ Futsal	NHT	Tue	4.15 - 5.15 pm	Newstead College Gym	\$3.00				
Social Bowls	NHT	Wed	d 10.30 to 12 noon New Horizons Clubrooms		\$3.00				
Song and Dance	NHT	Tue	1.00 - 2.00 pm	Melissa Wimmer Studio	\$4.00				
Junior Song & Dance	NHT	Tue	ue 4.00 - 5.00 pm New Horizons Clu		\$3.00				
Taekwondo	NHT	Tue	5.40 - 6.15 pm	Newstead College	\$5.00				
Basketball	NHT	Sat In recess for Term 3		Queechy High School Gym	\$3.00				
Golf	NHT	Mon	In recess		\$6.00				
Swimming	NHT	Wed	5.30 - 6.30 pm L'ton Aquatic Centre (Session 2 in recess Term 3)		\$5.50				
Tennis	NHT	In recess		\$3.00					
NHT - North East Program									
Activities	Mon	4.00 – 5.30 pm Scottsdale stadium							
NHT - North West Program									
Activities – Taekwondo Term 3 - Basketball	Wed	5.00 – 6.30 pm		Somerset Primary School	\$5.00				
NHT - South Program									
All Abilities Tennis	Tues		4.00 – 5.00 pm	Domain Tennis Centre	\$3.00				
Southern Club	W	ed 4.00 – 6.00 pm		Tenpin Bowling Moonah	\$6.50				
AFL	Mo	lon 4.30 – 5.30 pm		KGV Oval, Glenorchy	\$3.00				
Launceston College Program all enquiries to L'ton College. 63327777									
Athlete Development	Jacinta Hall	Wed	4.00 to 5.30 pm	Meet at Launceston College Gym	-				

Basketball will be having Term 3 off and restarts in Term 4

NHT Memberships are now overdue Family \$55.00 Individual \$32.00 Junior (14 – 16 yrs) \$26.00 U14 members are required to have a family membership due to club governance (Non-financial members will not be covered and therefore cannot participate). Payment may be made at the NHT Office in person or by direct deposit.



New Members

New Horizons Tasmania welcomes and encourages new members. This month's applicants are Darrn Geard (Volunteer), Tom Vallerine (Volunteer), Padam and Bhim Magar.

If any member having just cause why any of the above applicants should not be inducted into the club, they must advise the Public Officer (Belinda Kitto) in writing no later than FRIDAY 12th July 2019. Mail can be directed to New Horizons Tas, PO BOX 49 Mowbray 7248 or dropped into the office. Without any objections, these members will be inducted into the club and advised accordingly.

YOU'RE new horizons INVITED **Tuesday 16th July, 10a** Enjoy brunch while we introduce you to atWork Australia. Come solo or with a friend to this fun & informative general session. Learn how YOU could get great work! At the Clubhouse. 292-294 Invermay Rd atWork **RSVP Monday 15th July** info@newhorizonstas.org.au

What are you up to in the holidays?

Join us for a warm winter brunch at the clubhouse for our first session with atWork Australia!

Meet Beth Hammond, who will talk to us about the first steps to think about if you're looking for work. She'll chat about what kinds of jobs atWork have placed people in locally, discuss putting a CV together AND show you the forms that need filling out (which we are all here to help with when you are ready).

Most importantly, if you have any questions at all about the process, Beth can answer them for you! This is a great opportunity to learn more about job seeking in a fun, informal setting.

Please RSVP to the office for catering purposes by Monday 15th July.

START WARMING UP FOR



SUNDAY AUGUST 4TH, 9-10AM OUTDOOR DIVING POOL LAUNCESTON AQUATIC CENTRE

ALL AGES VELCOME!



REGISTER AT

RAISING VITAL FUNDS FOR



North West News with Lyndall Hall

Our Taekwondo sessions are drawing to close for the term this week. Term 3 will commence on the 24th July at 5 pm at Wynyard High school for basketball - \$5 per person or \$7 per family. We look forward to our new NHT gear arriving ready for the new term!

North East News with Vicki Forsyth



Our trip to Launceston's Airtime was entertaining but freezing cold! The trampolines and slides indoors at the venue were our main interest and we only posed briefly outside for the photo!

Our fine and gross motor weekly skills are being put into practice with the junior athletes doing ball skills and passing, and the more senior athletes playing a game with involving the same skills.

Last week we incorporated netball along with basketball as a challenge on two different types of movement and skill. This week is our last session before the school holidays. We recommence on the 22^{nd} of July at the stadium.

Southern News – with Stuart Schultz

May and June continued our progress in the South with new NHT volunteers coming on board to support a number of our programs. Welcome to Priyanka, Tom and Lucy who have been fantastic support engaging with our participants so far and we look forward to their continual support!

During late May and June, we welcomed Olivia from Tennis Tasmania who facilitated a number of engaging sessions of games and skill development. We loved these sessions and appreciate her support and the continued support of Tennis Tasmania to our organisation. During this period, we also welcomed back Joel from AFL 9's/Glenorchy DFC and John from Cricket Tasmania who also ran some engaging sessions.

We were lucky to be able to provide a number of members and supporters with free tickets to the recent North Melbourne v Giants AFL match at Blundstone Arena - some

earnt their keep shaking buckets to raise some more vital funds for our recently selected state AFL Inclusion side.

Check the schedule for our upcoming sessions in the South, and as always, if you know anyone who would like to be a part of our Southern programs, please be in touch with me at <u>stuart@newhorizonstas.org.au</u>

News – school holiday arrangements

- 'No Southern Club for school holidays' -Wednesday 10th and Wednesday 17th July
- Wednesday 24th July and Wednesday 31st July at 4pm - SOUTHERN CLUB will be Tenpin Bowling at Zone Bowling - 162 Main Rd Moonah. The cost for bowling is \$6.50 per person! Companion card holders free.

Stuart Schultz Southern Sport & Recreation Coordinator







Coach: Darrin Geard Assistant Coach: Andrew McCarthy Managers: Barry Gaby & Belinda Kitto Leadership Group **Co - Captains** – Dylan Pace and Jordyn Blizzard Ass playing coach – Alan Dengate Chris Meale & Scott Crowden Justin Nilon Hayden Hill Jordan Irwin Jerry Lowe Jarratt Lammont Craig Blaschke Dennis O'Keefe George Kearnes Mitchell Mansell Matthew Bowen Hayden Britten **Emergencies** * **Brodie Leslie** Phillip Broad Geoff Forsyth Lee Dale **Beau Cherry**

We would like to make mention of our Upcoming talent that are currently under the age requirement, we look forward to seeing these players in the team in future years.

> Sam McKibben Matthew O'Keefe Tom Bailey

Outstanding talent – Liam O' Sullivan – unfortunately not eligible.

Belinda Kitto CEO, New Horizons Tas



Barry Gaby **Football Development Manager**







Thanks to North Melbourne

Our thanks to North Melbourne footy club for the free ticket offer last month to NHT members and supporting the AFL Inclusion Team. The Bayley family certainly enjoyed their day at Blundstone arena!

Thank you to everyone that helped rattle the tins at this game and at the NTFA games.

AFL Inclusion Team

Fundraising Raffle

Tickets available at the NHT office or from the team members!

AFL Tasmania Inclusion Team Raffle

Prizes

- 1. Signed Richmond FC Jumper (fully signed by the team)
- 2. Indigenous Round Sherrin Football
- 3. Devils Cap and Beanie

Tickets \$2.00 each or 3 for \$5.00

Drawn on Friday 12th July 2019 at New Horizons Tasmania – 292-294 Invermay Road, Mowbray. Results will be posted on NHT Facebook page and all winners notified.





AFL Inclusion Tas Team 2019



NHT Bond Ball – get your tickets now!

RAISING FUNDS FOR SPORT & RECREATION FOR TASMANIANS WITH DISABILITY

Join hosts **Charlotte Page &** Matt Harris, stars of Strictly Ballroom, as we pay homage to all things 007!

Think fast cars, martinis and iconic tunes ...

Enjoy roaming canapes, a two-course meal and the drinks package of your choice. Try on diamonds, dance the night away to ONLINE: tix.yt/newhorizons007 The Buzz, and bid up a storm in our famous auctions

PLATINUM - \$2,000* table 10

(premium selection of beer, wine, cider & pre-mixed spirits & non-alcoholic beverages) GOLD - \$180 pp or \$1,750* table 10 (house selection of beer, wine &

non-alcoholic beverages)

SILVER - \$130 pp or \$1,250* table 10 (welcome drinks on arrival, tea & coffee, beverages available for purchase) *to receive the discount, table needs to be purchased in one transaction and made up of the same category ticket holders.

DRESS CODE Black Tie / Bond

TICKETS AVAILABLE TELEPHONE: 6326 3344 OFFICE: 292-294 Invermay Road, Mowbray

Prizes & Auction items needed for the Bond Ball - can you help?

Volunteers wanted to help

- Friday 16th to set up at the venue
- Sunday 18th 10 12 noon to pack up
- Saturday to set up the venue
- Saturday night at the Ball to help out

If you can lend a hand please call the NHT office 6326 3344

Dingo interviews Australian Cricket Captain



Last month our very own Alan 'Dingo' Dengate was guest at the Taverners Tasmania Tim Paine "Leaving for London" Farewell event in the Chairman's Lounge at Blundstone Arena. This very exclusive, though inclusive event, witnessed our Australian Cricket Captain Tim Paine interviewed by Brent Costello and Alan 'Dingo" Dengate who travelled with CEO Belinda to Hobart for the occasion. The appreciative audience enjoyed an insightful conversation about the inner workings of the team.

Special guest interviewer "Dingo", in his unique and confident style, blended the conversation with inclusive cricket values as Captain of the Tasmanian ID Inclusive Cricket Team, Captain to Captain a true exchange and kinship between athletes of a unique nature in the cricket landscape.

WE so proud of you Dingo!

0075 **Tailrace Centre** Bond Riverside 6.30pm Ball proudly sponsored by HUDSON Kitchen new horizons TASMANIA

Saturday **17 August** 2019



Our June Dinner Club was held at the Mowbray Hotel on Thursday 20th June. It was great to see 24 people come together for dinner. Check out the happy faces!





Our next Dinner Club is set for Wednesday 7th August at 6 pm at Olive's, Newstead Hotel, 160 Elphin Road – parking and disability access through the rear of the building. A slightly earlier timeslot – come along and brag about how many laps you did at the Iceberg Swim!



Thanks Monaro & GM Club Tasmania

Huge thanks to the wonderful Monaro and GM Club of Tasmania, who last month surprised us with a donation of TWO THOUSAND DOLLARS, raised at the Monaro Nationals 2018!

Wow- what a contribution- and how cool that it was raised through a collective passion for an Australian icon.

Ultimate Frisbee – All Welcome

Every Thursday 7 pm – 9 pm at the Uni gym a group of dedicated athletes play Ultimate Frisbee indoor rules. Now we are opening up to receive new players as well as a formal invite to this year's first official round robin tournament. Saturday August 3^{rd} at the Uni gym in Newnham from 10 am – 4 pm costing only \$30 per person. Hosted by the lovely president of this group Tommy Macqueen. So, if you want to break a sweat while laughing you are more than welcome to come give it a go each week or just for the tournament.

Further information and details to register for this event is on Facebook. Any enquires or help please contact either Tommy Macqueen on 0400157712 or Jess Holmes on 0438821210.



July 2019

MON	TUE	WED	THUR	FRI	SAT	SUN
1 Gym/Fitness Gymnastics Boccia AFL NE Program South – AFL	2 Craft Song & Dance Futsal Taekwondo grading night	3 Social bowls Swimming x2 NW Program Athlete Dev. South Program	4 Dance Movement	5	6 School Holidays Begin	7
8 Gym/Fitness	9	10 Social bowls No South program	11 Dance Movement	12	13	14
15 Gym/Fitness AFL Inclusion Carnival Sydney commences	16 atWork Australia brunch 10am	17 Social bowls No South program	18 Dance Movement	19	20 AFL Inclusion Carnival concludes	21 School Holidays Finish
22 Gym/Fitness Gymnastics Boccia AFL NE Program South – AFL NHT Board meeting	23 Craft Song & Dance Futsal Taekwondo South – Tennis	24 Swimming 5.30 class only Social bowls NW Program Athlete Dev. Sth Program - Tenpin	25 Dance Movement	26	27	28
29 Gym/Fitness Gymnastics Boccia AFL NE Program South – AFL	30 Craft Song & Dance Futsal Taekwondo South – Tennis	31 Swimming Social bowls NW Program Athlete Dev. South Program - Tenpin	1 August Dance Movement	2	3 Ultimate Frisbee tournament 10 – 4pm	4

***Save the date – Flanagan & Chugg Taekwondo Club Championships August 31st featuring the NHT Taekwondo group – details in the next month's newsletter.



Providing sport & recreation opportunities for people with disability







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CLUB NEWS ... PEOPLE ... PLACES

	July 2019 BIRTHDAYS			
8 th	Gerard Little, Kate O'May,			
	Helen Bingley			
10 th	Leanne Arnott			
11 th	Sue Bowen			
12 th	Ethan Radford, Dorothy Runciman			
13 th	Tim Beattie			
14 th	Gerard Binns, Reg Terry			
15 th	Penny Dishington			
17 th	Chloe Hansson 21!			
20 th	Alice Oldham 21!			
23 rd	Phillip Broad			
24 th	Connor Sheppard			
26 th	Nicholas Heames, Filipe Curle			
28 th	Jordan Irwin			
29 th	Angela Williams			
30 th	Clare Martin 21!			
31 st	Liam Anthony Kitson, Minna Blaney, Dale Edmunds			
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Meet new NHT team-member, Charlie, who is modelling the fab new NHT capsule collection by <u>ICON Sports Tas</u> for winter '19 - featuring NHT jacket & pants - all available for purchase at <u>http://tmicon.com.au/shop-clubs/newhorizons/</u>

The hand-knitted beanies are available for \$10 each at the office – rug up for winter now!



Thank you to everyone who has supported and been so generous to our end of financial year campaign. We are very grateful!

THANK YOU TO MICHAEL FERGUSON MP AND HIS OFFICE FOR THE PRINTING OF OUR NEWSLETTER